



February 2021



Fun in the snow at East Down and Patchole



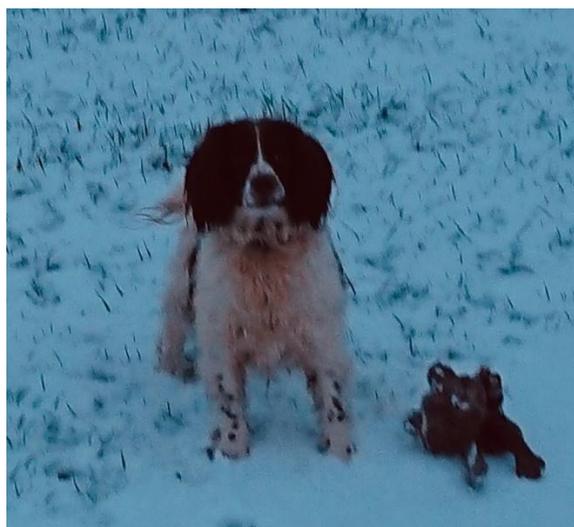
The Lerwill girls at Maddox had a great time making their snowman; we could hear them laughing over at Stonecombe.



Parker Kift made sure that Eva had a as much fun as he did, perhaps he will be helping Santa this year.



The youngest member of the Kift clan, Bella, certainly enjoyed her snow debut.



Our very own darling Nell took her frozen garden teddy for a winter wonderland walk



Always nice to look at from a very warm indoors with a fire and a pot of tea.

Tokyo Olympics 2021

You know the feeling as the years click by. Suddenly there is one of those "big birthdays" on the horizon and you feel the need for a new personal challenge.

Shirley's logic on letting Dennis get an electric cycle was a) to try and ween him off the tractor, b) get him away from the house a bit more and c) get him out from under the feet.



For Dennis its more about hoping that electric cycling is entered as a category in this year's Olympics and putting in some serious training to get fit. This reporter can confirm that it has absolutely nothing to do with a love of the latest line in Mole Valley lycra farm wear!!

If you happen to be wandering around the Stonecombe lanes, listen up for the loud whine of an approaching motor and step back to enjoy the blur of a finely honed athlete as he zips past. It is understood that wind tunnel trials are currently underway to see if a basket for Nipper will hinder the chances of a medal in Tokyo.

The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com.

We look forward to your contributions.

What a start to the New Year

We decided to take our New Year's morning walk around the fields at Maddox Down and were treated to a beautiful sunrise. How lucky we are to live in such a beautiful part of the world.



Now that the snow drops are up and the daffodils are starting to show, spring is definitely on the way so it remains very frustrating that the levels of restrictions are stopping us from getting out and about seeing our friends and neighbours as much as we would all like. It is however still vitally important that we continue to follow the rules and it is pleasing to see that the number of cases in Devon remain low and the number of vaccinations are on the rise. Hopefully there is finally light at the end of the tunnel and we will be able to start socially mixing again soon.

In the meantime, it is a huge thank you to everybody who has helped out family, friends and neighbours throughout the lockdown. Please keep in touch and remember sometimes just a phone call is all the tonic that somebody needs to brighten their day.



Mobile Library Service

Due to the current lockdown rules, the mobile library service has been temporarily suspended. As and when the lockdown is reviewed, an update to the service provided will be communicated separately.

Please note that any existing loans have been extended to March without penalty.

For full details of all the resources available during lockdown, visit the Devon Libraries website.

The Sweetings Charity

The Sweetings Charity originates from a Gift of Property to the parishes of East Down and Arlington by former Vicar Revd Trevelyan Sweeting. It uses grants to assist solely the organisations and residents of these two villages in charitable and religious activities and endeavours.

Since the beginning of the new school and university terms, the Sweetings Charity has continued to offer youngsters from the villages of East Down and Arlington financial assistance to acquire books for study purposes.

For further information on anything related to the Sweetings Charity, please contact James Stout 01271 850457 or Ray Thomas 01271 850464

Another view from Maddox across to Exmoor on New Year's morning.



East Down Church

A big thank you to the people who popped into the Church to make sure everything was ok and cleaned as necessary. It would be appreciated if we could do this again in February. At the time of going to press we have no services planned for February but we will let people know as and when things change.

February Cleaning and Flower Rota:

Mrs T Crossman, Mrs S Lerwill and Mrs A Caley

March Cleaning and Flower Rota:

Mrs M Done, Mrs A Norton, Mrs J Dunham

Julie Kift

Newsletter

February 100 Club Draw

We are pleased to announce that the February 100 club draw has taken place and can confirm that this month's winner is Jean Dunham and the runner up is Rick Tarr. As usual the winnings will be distributed in a safe manner.

Thanks to everybody for their continued support to the 100 club draw. We still have a number of spaces available in the draw so if you fancy joining or adding more numbers to your existing ones, for the sum of £12 a year you will be entered into our monthly draw with a first prize of £20 and £10 for runner up. All proceeds go towards the running of the Village Hall.

For more information, please contact Rod Crossman 850704

or rodcrossman@hotmail.co.uk

Village Hall Cleaning Rota 2021



Throughout the Coronavirus lockdown the Village Hall has been maintained in a state of readiness to support its role as a support hub in the event of a village emergency; although the normal cleaning rota was suspended.

Last July Shirley Lerwill suggested scrapping the cleaning rota for the hall while it is closed; instead, half a dozen of us should get together just before it re-opens and clean through, whenever that may be. This seems the best solution while the Covid 19 situation is so bad. Once activities re-commence, regular cleaning duties will be allocated to volunteers to cover whatever is left of the year. "

Carol Thomas

Plastic Free North Devon

We would like to make you aware of our 'Cleanse and Clean' campaign that we are running until the end of February. Its aim is to get people out in the fresh air to gain from what nature has to offer at the same time as giving back and tidying up our parishes.

We would like as many people involved as we can. We want people to use their daily exercise to give back to their community and also to benefit from the fantastic natural surroundings we have here in North Devon.

We are also encouraging the younger generation to get involved by running a competition for school pupils to win a dryrobe® Advance.



HOW TO GET INVOLVED

Wherever & whenever from 30th Dec - 31st Jan

Share action on social media by tagging us in any posts or stories

Use the hashtag #cleanseandclean

Spread your positive action by tagging three friends



DONATE



COMPETITION TIME!

Win yourself a fantastic dryrobe® Advance by taking part in our 'Cleanse and Clean' action campaign

Here is how to enter:

1. Go out for a cleansing activity as part of your daily exercise. e.g. a walk, cycle, surf or just a run in the rain!
2. Follow up that activity by giving back to nature with a clean.
3. Send photographic evidence of your clean, the location, your name and the name of your school to: plasticfreenorthdevon@gmail.com to enter the draw.

Closing date is 22nd February 2021

EACH ACTION SENT IN = 1 ENTRY INTO THE DRAW!

If you have access to social media share you action with us by tagging @plasticfreenorthdevon and @dryrobe and use the #cleanseandclean



Local Businesses

Please remember when visiting to wear your face coverings and look out for any local rules that may be in place.

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

The Farm Shop remains open and those who have been having deliveries will continue to receive them.

If you would like to call and place an order to "come and collect", please phone on 01272 850311. We have plenty of stock so there is no need to panic buy.

For latest news, please see our Facebook page and website.

We look forward to seeing you all,

The Besshill Team.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk



Sandpark Service Station

"Camps" are offering deliveries to the elderly and vulnerable.

Call Will Camp on 01271 883320.

Please note the NEW Opening hours:

The Post Office and shop will now be open Monday to Saturday 8.30 a.m. to 1.00 p.m.

Closed on Sunday

Pyne Arms

During the lockdown, the Pyne Arms are continuing with their popular Friday, Saturday and Sunday takeaway service.

The menu is offered as a "drive thru". Either place your order via Facebook or over the phone and you will be greeted by a member of staff at a safe distance in the car park who will take your contactless payment.

Friday and Saturday serving from 5pm to 7.30pm.

Sunday serving 12.00pm to 1.45pm for collection.

Please note that there will be no takeaway service in the weekend of the 5th, 6th and 7th of February whilst the team take a well-earned break.

Something special for Valentine's Day

As Valentines will be different this year, the team are offering a "Pyne Arms cook at home" menu. All prepared, all you have to do is pop a few things in the oven and heat up a couple of things in a pan. All instructions on re-heating will be given and are very easy to follow. Please message via Facebook. Collection will be Saturday 13th Feb so you can either cook it that night or celebrate on Sunday.

The usual takeaway service will also be served on Friday 12th and Saturday 13th February

Amy and Ellis

2 people £50
+ £25 per extra person

Valentines from us to you

To start

Farm house pate, our own focaccia, red onion jam

Or

Twice baked cheese soufflé

For main

Beef fillet wellington, dauphinois potato, beef gravy

Or

Pan fried Brill, warm tartare sauce, pomme puree

Or

Celeriac & Devonshire blue cheese roulade

The above comes with, roast carrots & hispi cabbage

To finish

Chocolate torte

Or

Limoncello cheese cake, lemon curd

Or

Dutch apple pudding, custard

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Homemade truffles

