

First Aid Defib Interim Update

Three First Aid Defib courses have taken place, spread over six sessions. The following are some of the comments made on the second and third course feedback forms:

- Thoroughly enjoyable and extremely valuable, well delivered course that could enable me to save someone's life
- A very good course, the best one I have attended
- Enjoyed the course, put over very well
- The two sessions of three hours worked well, very good instruction on all aspects.
- I was very nervous to start, but soon relaxed and enjoyed the sessions

The last course in this series is due in April, again spread over two Wednesday mornings.

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