



## Happy 70<sup>th</sup> Birthday Shirley

There are those who would say that in her hey day she would have been a great candidate for being a few pages in (somewhere around 3); however, Lady Lerwill, now of Barnstaple, is today gracing our front page in a Cover Girl status as she grows more gracefully older turning a little over 70 in July. Anyone who knows Shirley will know that she still has it in buckets whatever age she is.



## East Down with Arlington Church

Our next service will again be at Arlington church on 20th August 11.15 a.m. and will be a Holy Communion service plus the reading of banns. For future information we'll be back in East Down church on September 24th which will be to celebrate the harvest festival service. Please note this service will start at 3.00 p.m. followed by the usual refreshments at harvest time.

### Cleaning and flower rota

August 5th-12th. Mrs H. Bowden and Mrs Sophie Lerwill

August 19th-26th Mrs M Done and Mrs A Norton  
September 2nd-9th Mrs P Perrin and Mrs A Perrin

Thank you very much for all you do keeping the church looking so welcoming.

Take care,

## July 100 Club Draw

This month's draw winner was Rick Tarr with the runners up spot being taken by Lis Kempf.

As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 or [rodcrossman@hotmail.co.uk](mailto:rodcrossman@hotmail.co.uk) for more information on joining the draw.

## 100 Club Renewals

For most of us, August is the annual renewal date for our draw subscription. For those with Standing Orders, the payment will be taken automatically from bank accounts on the renewal date; thank you for your continued support.

If you pay by any other method, please contact either Rod or Ray to arrange payment and continue to be entered in the draw.



## July Coffee Morning

A big thank you to Liz Smyth (busy Lizzy) and Shirley (Lady Lerwill (LL)), for running the kitchen this month. Another thoroughly enjoyable morning and a good time was had by all. Always nice for Shirley to leave the "hurly burly" of City life and mix with the Country folk again.

The next Village Hall coffee morning is planned to take place on **Thursday 3<sup>rd</sup> August starting at 10.30 a.m.** Why not pop along for a chat and bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask is a small donation towards the upkeep of the Village Hall.

The September Coffee Morning will be held on Thursday 7<sup>th</sup> September.

## Village Hall Activities

### Village Hall Activity Contacts

**The Parochial Church Council (PCC) - Julie**  
Kift 07763 537136

**Art Group** Margaret Smith 850727

**Table Tennis** Gill Parker 850549

**Young farmers** Meg 07947372705

### Village Hall August Diary

Coffee Morning	Thursday 3 <sup>rd</sup>	10.30 a.m.
YFC	Thursday 3 <sup>rd</sup>	7.00 p.m.
Soundbath	Monday 14 <sup>th</sup>	2.00 p.m.
Parish Council	Monday 21 <sup>st</sup>	7.00 p.m.
Table Tennis	Tuesdays	7.00 p.m.
Art Club	Wednesdays	10.00 a.m.

If you would like to hire the Village Hall,  
**Please contact Ray Thomas for bookings on 850464.**



### Mobile Library Service

Very sadly the mobile library service will shortly be finishing however there are still a few visits left. The next one will take place on **Tuesday August 8<sup>th</sup>**.

The library will be in the Pyne Arms car park between 10.30 a.m. and 10.55a.m.

The latest information we have is that although the decision has been taken to cancel the mobile library service, this still needs to be ratified at a series of reviews, the last one falling on the 12th October. It is therefore assumed that the visits on the 5th September and the 3rd October will proceed as planned.

We will confirm if we hear anything to the contrary.

If you have any queries, please contact Tiverton Library on 01884 244644 or via email: [tiverton.mobile@librariesunlimited.org.uk](mailto:tiverton.mobile@librariesunlimited.org.uk)

## East Down Parish Clerk

Would you like to get involved with East Down village life?

We are currently looking for someone with the following skills:

- \* Living in or near East Down and looking to work mainly from home;
- \* Working approximately 1½ days a month spread over a few days;
- \* Good numeracy and computer skills, including Microsoft Office (Word, Excel and Outlook);
- \* Good communication skills, able to work on own initiative and as part of a team;
- \* Organised and able to keep accurate records;
- \* Private computer with Microsoft Office is required (can be supplied).

You will need your own transport to get to meetings (venue: East Down Village Hall) and put-up notices within the village.

Training will be provided.

Approx. 18 days work a year mainly from home.

Annual pay: £1,500 to £1,800 subject to experience.

East Down Parish Council is currently looking for a Clerk and would welcome applications from interested parties.

Apply by email with a brief CV to start the process or call for more information.

Martin Wright

[mcgw@aol.com](mailto:mcgw@aol.com)

07930 338676

## Arlington Court

Lots of ongoing activities taking place, see website for more details, events, timings and pricing. A few good evenings of entertainment to highlight -

### Outdoor Theatre

**Pandora's Box** - 12th August 6.00 p.m. to 8.00 p.m.

A riotous and ridiculous retelling by The Last Baguette on the Lawn. Written by Sunday Times award-winning playwright Tiff Woodsmith.

**Robin Hood** - 20th August 6.00 p.m. to 8.00 p.m.

The Three-Inch Fools are back with their calamitous take on the legendary folktale, Robin Hood.

## Marwood Hill Gardens - Opening Times

The Gardens are open from 10am – 4.30pm  
Wednesday – Sunday.

Please note that the Gardens are closed on  
Monday and Tuesdays.

### Tea Room Opening Times

The Marwood Hill Garden tearooms are open  
from 10am – 4.30pm, Wednesday – Sunday.  
Last orders are at 4pm and we stop serving our  
quick bites from 3pm onwards. Cream Teas and  
cakes are available till close.

### Admission

Adults: £9.50

Concessions: £8.50

Children (ages 12-16) £5.00. Under 12's go for  
free

Membership: Free

For 2023 annual Season Tickets will be £35.00  
single and Joint Membership [2 people living at  
the same address] for £55.00.

Special events for Season Ticket Holders are  
planned each year. Find out more on  
our [membership page](#).

## Ilfracombe

**The Diana Ross Story - In The Name of Love**  
Landmark Theatre - Thurs 24th August 7.30 p.m.

The is a fantastic show in celebration of Diana  
Ross and The Supremes.

Theatre audiences prepare to be taken on a  
spellbinding journey visiting one of the greatest  
musical stories ever told. The show features a  
chronological history of hits from a career  
culminating in over 100 million record sales  
fronted by 2 international Diana Ross performers,  
Cherie Jade (The Supremes) and Tameka Jackson  
(Solo Career). 'Where Did Our Love Go', 'Baby  
Love', 'Stop in The Name of Love',  
'Reflections', 'You Keep Me Hanging On', 'You  
Can't Hurry Love', 'Stoned Love', 'Ain't No  
Mountain High Enough', 'All of My Life', 'Touch  
Me In The Morning', 'Upside Down', 'My Old  
Piano', 'I'm Coming Out', 'Chain Reaction', and  
so many more!

Contact box office for more details

## Discover Exmoor

If you fancy wandering slightly further afield, we  
thought we would highlight some of the events  
across Exmoor in the coming month. Check out  
everything else that's happening  
on [www.exmoor-nationalpark.gov.uk](http://www.exmoor-nationalpark.gov.uk).

## Brendon Gardens

**Date:** 5th and 6th Aug 2023 12:00 pm - 5:00 pm

4 gardens open for charity (NGS: National  
Garden Scheme, see [ngs.org.uk](http://ngs.org.uk) for full details).  
At Higher Tippacott Farm, lunches & teas incl.  
gluten-free are served, bric-a-brac & plants for  
sale & display of vintage telephones & toys.  
W.C. Visits also by arrangement.

This event is brought to you by:

Location: Brendon EX356PU

Booking: No need to book - just turn up

Charge: £6 per person combined entry. Children  
free

Contact: 01598 741343

## Lynton and Lynmouth

Treasure Island - Tue 1st August Valley of Rocks  
7.30 p.m. to 9.30 p.m.,



Pleasure Dome Theatre Company are delighted to present Treasure Island- a tropical Carnival flavoured swashbuckling extravaganza! Join Jim and a host of raucous yet melodious pirates on an adventure to recover Captain Flint's buried gold! But be careful who you trust, things, and pirates especially, are not always as they seem.... In a side-splitting new adaptation written by Ben Fensome and directed by the award-winning Scott Le Crass, this spectacular theatrical feast for the senses will delight the whole family. For more details and FAQs see the website: <https://www.pleasuredometheatrecompany.com/faq>

This event is brought to you by: Pleasure Dome Theatre Co  
Location: Valley of Rocks EX35 6JH  
Booking: Booking essential  
Charge: Adults- £15, Seniors (over 70s)- £13.50, Children (under 16)- £10, Family Ticket (2 Adults and up to 5 kids)- £45  
Contact: 07789742239

## Exford Horse Show



DEVON & SOMERSET STAGHOUNDS and  
THE EXMOOR PONY SOCIETY EXFORD  
SHOW, Showground, Court Hill, Exford

WEDNESDAY 9TH AUGUST 2023 £15/car on  
the gate 9.00a.m. to 5.00 p.m.

Exmoor Ponies, Horses & Sheep on Show Craft,  
Produce & Local Trade Stands Flight of the  
Flags, Family Dog Show Stag Horns, Inter-Hunt  
Relay, Pony Club Show Jumping, Gymkhana,  
Parade of Hounds Refreshments  
Enquiries: [secretary@exfordshow.com](mailto:secretary@exfordshow.com) Schedules  
: [www.exfordshow.com](http://www.exfordshow.com)

More information: [www.exfordshow.com](http://www.exfordshow.com)

This event is brought to you by:  
Location: Exford Showground TA24 7NC  
Booking: No need to book - just turn up  
Charge: £15 per car on the gate  
Contact: 01643831423

## Dulverton Summer Craft Fair 2023

- 12th Aug 10.00 a.m. to 3.00 p.m.

Dulverton Summer Craft Fair is the second of 3 new events this year. We have 26 high quality, local traders - including ceramics, jewellery, dog apparel, bottle conditioned beer, tray bakes, cakes, cider, cocktails, flowers, chocolate, clocks, scarves, candles, bags, soaps and paper goods/gifts. A fantastic selection of local talent. We have some great activities - pottery painting for all ages, art and crafts, plus face painting. MAKE THE DATE in your diary and come down to visit, supporting the artisan businesses. Dogs welcome too. FREE ENTRY. FOLLOW OUR FACEBOOK AND INSTAGRAM PAGES - @COTTAGE BEER PROJECT for further updates and promotion of this event.

More  
information: [www.facebook.com/cottagebeerproject](https://www.facebook.com/cottagebeerproject)

This event is brought to you by: Cottage Beer Project  
Location: Dulverton Town Hall TA22 9EX  
Booking: No need to book - just turn up  
Charge: FREE ENTRY  
Contact: 07422731152

## The 175th Dunster Show –

Friday 18th August 2023



**Dunster Show is the premier Agricultural Show in West Somerset and one of the major one day Shows of the West of England.**

Taking place on the Lawns below Dunster Castle the dramatic backdrop is a perfect setting for a family day out with a Food Hall, Trade Stands and quality entertainment for all. The Show also boasts a competitive showing atmosphere with a wide range of classes for Horses, Cattle and Sheep attracting competitors from all over the country.

Gates open at 8am, dogs admitted on a lead, Credit/Debit Cards accepted on the gate and cash back available

### Lynton Cinema



**Oppenheimer** Tues 1st to Thur 3rd 8.00 p.m.  
Written and directed by Christopher Nolan, Oppenheimer is an IMAX®-shot epic thriller that thrusts audiences into the pulse-pounding paradox of the enigmatic man who must risk destroying the world in order to save it.

**Spider-Man Across the Spider-Verse** (PG) Tue 1st to Thur 3rd 2.30 p.m.

Miles Morales returns for the next chapter of the Oscar-winning Spider-Verse saga. After reuniting with Gwen Stacy, Brooklyn's full-time, friendly neighbourhood Spider-Man is catapulted across the Multiverse, where he encounters a team of Spider-People charged with protecting its very existence.

**Elemental** (PG) Fri 4th to Thur 17th 2.30 p.m.

Disney and Pixar's "Elemental" is an all-new, original feature film set in Element City, where fire-, water-, land- and air-residents live together. The story introduces Ember, a tough, quick-witted and fiery young woman and her friendship with a fun, sappy, go-with-the-flow guy.

**Mission Impossible - Dead Reckoning Part One** (12A) Fri 4th to Thur 17th 8.00 p.m.

Ethan Hunt (Tom Cruise) and his IMF team embark on their most dangerous mission yet: To track down a terrifying new weapon that threatens all of humanity before it falls into the wrong hands.

**Barbie** (12A) Fri 18th to Thur 24th 2.30 p.m. daily (8.00 p.m. on 18th, 19th, 20th).

To live in Barbie Land is to be a perfect being in a perfect place. Unless you have a full-on existential crisis. Or you're a Ken.

**Mummies** (U) Mon 21st to Thur 24th 2.30 p.m.

"Mummies" follows the fun adventures of three Egyptian mummies who live in an underground secret city, hidden in ancient Egypt. The trio includes a princess, a former charioteer, and his younger brother along with their pet baby crocodile.

**Haunted Mansion** (12A) Fri 25th to Thur 31st 2.30 p.m. and 8.00 p.m. daily

Inspired by the classic theme park attraction, "Haunted Mansion" is about a woman and her son who enlist a motley crew of so-called spiritual experts to help rid their home of supernatural squatters.

**Check on line for further details and ring 01598 753397 to make reservations.**

## Local Businesses

### Besshill farm shop

01271 850311. [besshillfarmshop.co.uk](http://besshillfarmshop.co.uk)

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. For latest news, please see our Facebook page and website. We look forward to seeing you all,

**The Besshill Team.**

## Charlie Dixon Counselling & Psychotherapy

**Approachable, relaxed counsellor providing reassuring support & solutions to your problems.**

**Based in Kentisbury, offering flexible appointments, including evenings.**

**Free introductory appointment.**

**Please get in touch to discuss how I can help you on:**

**07870 281356**

**[charliedixoncounselling@hotmail.com](mailto:charliedixoncounselling@hotmail.com)**

**[www.charliedixoncounselling.co.uk](http://www.charliedixoncounselling.co.uk)**

### Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late (food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

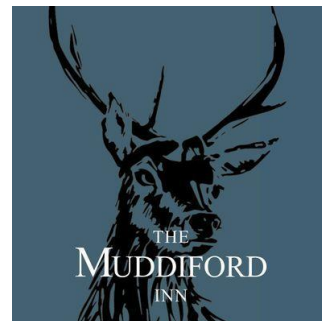
For any more information, check the website, Facebook page or ring 01271 850055.

# Pavilion stores & café

**Opening Times**  
Mon-Sat 8.30am to 5.30pm  
Sun 9am to 1pm  
**Tel: 01598 763569**  
**[shopinfo@parracombe.org.uk](mailto:shopinfo@parracombe.org.uk)**  
Parracombe Lane, Parracombe EX31 4QL



 Find us on Facebook  
Search 'Parracombe Stores'



Open daily 12 noon til late.

Check out the website or Facebook for contact details, opening times and menus.



### The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at [eastdownnews@yahoo.com](mailto:eastdownnews@yahoo.com)