



... A flashback to October 2019 newsletter

It was also another 'first day' for Zara King who was starting her secondary school at Pilton. Good luck to all, work hard and have fun!



Time has flown by faster than those pigtailed flew high in the air on that first day at Pilton.

Here is Zara on the evening of her school prom with Max.

In the words of Stevie Wonder, "Isn't she lovely".

With her Pony,



They were driven in style in a red Ferrari by Zara's uncle, Scott Dunham



Happy 99th Birthday Freda



Congratulations to Freda Down who turned 99 years old on 11th July. She spent a lovely afternoon with family and friends at Pilton village hall. Pictured here with her children, Phil and Jean.



East Down with Arlington church



July Coffee Morning



Coinciding with the General Election, the July coffee morning was run by Busy Lizzie and Jill Parker. Hosted in the small room we all cosied up and were even joined by some people dropping by to place their vote; as Nic Hardman so very nicely put it, “Ooh, cake, the perfect antidote to coming to vote”.

Well done ladies for a super spread and a big swell to Village Hall funds.

The next coffee morning will be 4th September.

East Down Library Service

The library is now very much up and running with access to books and DVD's any time the Hall is open. The next Library morning will be **Thursday 15th August at 10.15 a.m subject to building work**, there will be a nominal charge of £1 to cover the use of the hall, a cuppa and a biscuit.

Village Hall Piano

"Cooee, tea Mr Shifter!" Or for those of you old enough "Do you know the piano's on my foot?".

At the start of July, Rod Crossman kindly donated his piano to the Village Hall. This created the logistical challenge of transportation down the hill to the Hall.

Thankfully, Keith Philips stepped up with his vintage Massey Ferguson and loose box. The tractor didn't miss a beat, providing a smooth ride with no dramas and after a tad of manual handling, the piano was soon in place.

Big thanks to Keith P, Keith B, Rod and Mike for helping out.



Village Hall Building Work

We are due to commence restoration work on the Village Hall external porch on 5th August. The work is planned to take several weeks but during this time we will endeavour to make arrangements for regular activities to continue, providing safe access can be assured.

100 CLUB REMINDER

We would like to thank everybody for their continued support for the 100 club. The money is a valuable source of income which helps to keep the Hall running. Just a reminder that for most of us, August will be annual renewal month. For those paying by Standing Order, you don't need to do anything. If you pay by any other means, we will be in touch over the next month.

July 100 Club Draw

Last month's winner of the 100 club were Adrian and Lesley Wyatt with Martin Wright picking up second spot. Congratulations all. As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 rodcrossman@hotmail.co.uk or Ray Thomas 850464 for more information on joining the draw.

Village Hall Contacts

The Parochial Church Council (PCC) - Julie Kift 07763 537136

Art Group Margaret Smith 850727

Table Tennis Gill Parker 850549

Young farmers Meg 07947372705

Village Hall August Diary

Coffee morning	Thursday 1 st	10.30 a.m.
VH Library	Thursday 15 th	10.15 a.m.
Table Tennis	Tuesdays	7.00 p.m.

If you would like to hire the Village Hall, **Please contact Ray Thomas for bookings on 850464.**



The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

From the 1st of July onwards the farm shop is under new management. See website for latest information and offers.

EAST DOWN ART GROUP



After our summer break the Art Group will resume on 4th September.

We have decided to extend the activity within the group to include any craft work as well as art.

We all do our 'own thing' whether it is painting or any craft activity, learning new skills from each other.

If you are interested, please come along to the Village Hall on Wednesday morning, 4th September, 10 -12 pm. There will be a weekly £2 contribution per person to the Village Hall fund.

Best regards,

Margaret.

Margaret Smith, Wayside Farm, Muddiford, EX31 4HR



Paper boats: stories that have sailed at Arlington Court

This summer Arlington Court is celebrating the incredible journey of Rosalie Chichester and her companion Chrissie Peters during their 1920-21 world tour.

Running from the 17 July to the 1 September this exhibition invites visitors to explore the fascinating stories and artifacts collected by these pioneering women.

Rosalie, whose family owned the Arlington estate for over 500 years, started this remarkable journey from Liverpool to Quebec on July 28, 1920. Her travels with Chrissie spanned eight countries over nine months and visitors can learn about the locations they visited, the animals encountered, and the shells collected along the way.

- Follow the story of Rosalie and Chrissie's world tour on display in the house. Learn about their remarkable journey and locations visited.
- Try your hand at arranging a Victorian-style shell display and see the displays of the shells collected during Rosalie's travels.
- Learn how to make an origami paper boat, share your own travel story and add it to the growing display hanging in the Staircase Hall.

To find out more please visit: nationaltrust.org.uk/Arlington-court



Arlington Court

It is still outdoor theatre season at Arlington Court....

Sun 11th Aug 6.00 p.m.

Shakespeare's "The Merry Wives of Windsor"

Sat 17th Aug 4.00 p.m.

"The Secret Diary of Henry VIII"

Drama workshop (8 - 12 yrs)"

Sat 17th Aug 6.00 p.m.

"The secret Diary of Henry VIII"

See website for timings, more information and other events planned in August.

Marwood Hill Gardens ONO Band in the Gardens



ONO Band, a 6-piece band who enjoy playing an upbeat mix of swing and Dixie classics for 2, 45-minute sets between 1 and 3pm on the 27th August.

[See website for details.](#)

ST THOMAS' CHURCH, KENTISBURY

BARN DANCE

a traditional ceilidh in a barn with

THE OGGLE BAND

FRIDAY 23 AUGUST 7.30PM

Hollacombe Farm, Tickets online:
Blackmoor Gate £10.50
EX31 4NR (See link below)
Children under 14: FREE £12.50 on the gate

*** BAR * * BBQ ***



Please use the following link as the point of ticket purchase:
<https://tickets.myknowchurch.co.uk/gb/MzYxMy0z/t>

Or you can contact
louise@hollacombefarm.co.uk

Table Top Sale

SATURDAY
10 AUGUST
10 - 12 NOON

Bring and Buy
AND
Coffee & Cake
Kentisbury Church



Exford Show, 130th Anniversary Wednesday 14th August 2024

VISITOR INFORMATION

Exford Showground sits high above the village of Exford and is best reached by car. It is located between Exford and Winsford Hill on the B3223.

Showground opening times: Gates open at 8am on Wednesday 14th August 2024.

Parking and transport: The showground has plenty of parking. Special areas are set aside for those with accessibility requirements.

TICKETS 2024

Tickets can be purchased on the day of the show at the entrance to the Showground. Entry is charged per car – bring your friends!!

**ONLY
£15
per car**

The 176th Dunster Show – Friday 16th August 2024

Dunster Show is the premier Agricultural Show in West Somerset and one of the major one day Shows of the West of England.

Taking place on the lawns below Dunster Castle the dramatic backdrop is a perfect setting for a magical family day out. Our popular food and craft marquee, plentiful trade stands, selling everything from a new Land Rover to beautiful jewellery, along with captivating main ring entertainment make Dunster Show a permanent fixture in the diary of local people and a must visit for holiday makers. Dunster Show also boasts a competitive showing atmosphere with a wide range of classes for horses, cattle and sheep, attracting competitors from all over the country.

NEWS

Box Office Open Now for limited time only early bird discounts!

Advance Ticket Price - £18
Gate Price - £20

Adults 17 years and over, children 16 and under go free with a paying adult

Tickets available online now and from outlets across West Somerset nearer the show.

Deadline for 2024 Membership Applications – midnight on 9th August 2024

Brendon Open Gardens August 3rd 12:00 pm - 5:00 pm

Higher Tippacott Farm Tippacott Lane, Brendon, Lynton +3 more
Higher Tippacott Farm: Alt 950ft with lovely views.

Overlooking its own pretty valley pasture, stream and large pond. Sunny interlinking lawned areas with interesting herbaceous planting, stone wall



Brendon Show August 11th 10:00 am - 5:00 pm

Brendon Show Field Brendon Barton, Lynton,

Horse Classes | Fancy Dress | Sheep Showing | Stag Horns | Dog Show | Parade of Hounds | Fun Show jumping | Bar | Stalls
What3words:///twigs.wolves.wrist

Shirwell

Please see earlier email with the Shirwell newsletter attached detailing lots of upcoming events.

Note that there is a date correction for the tractor drive and cream tea. It should read Saturday 31st August.

Lynton

Reggae Party with Fletcher the Selektas featuring Della Dubz
August 24th 7:00 pm - 10:00 pm

Charlie Friday's Coffee Shop Queen Street,
Lynton,

It's been a year since we hosted Fletcher the Selektas and Della Dubz on the vocals for the Reggae Party you all loved, so let's do it again!!!



Lynmouth

Summer Fayre at the Blue Ball
Inn Countisbury Hill,

August 25th 12:00 pm

Join us for an afternoon filled with fun,
food, games and music until late.

Free



Ilfracombe

ILFRACOMBE PILOT GIG CLUB

REGATTA

Saturday 3rd August 2024
ILFRACOMBE HARBOUR

8:30-10:00am
GIGS ARRIVE

10:15am
COX'S MEETING

11:00am
RACING STARTS

Ladies' A	Mixed
Men's A	Ladies' Supervets
Ladies' B	Men's Supervets
Men's B	Ladies' Vets
Juniors	Men's Vets

PLUS:

GAMES RAFFLE
TOMBOLA BBQ
REFRESHMENTS

www.ilfracombepilotgigclub.org

Find us on Instagram:
ilfracombe_pilot_gig_club

IPGC is registered with the Charity Commission in England and Wales 1187003




Watch pilot gigs competing from all over the South West! Cheer on your favourites!

Sponsored by **Samuels Solicitors**
Barnstaple, Devon

ILFRACOMBE CARNIVAL 2024



START
HILLSBOROUGH CAR PARK

END
ADELE'S CAFE

Sunday 25th August 2024
PROCESSION BEGINS AT 6PM

15th SEA ILFRACOMBE MARITIME FESTIVAL 2024



SCAN ME!

www.seailfracombe.co.uk

LIVE MUSIC - LOCAL FOOD STALLS
HIP @ N 8 BAR - MAKAI BAR (HELE BAY PUB)
LOCAL CRAFTERS MARKET
PIRATES - MERMAID - MAGIC
PUNCH & JUDY & MUCH, MUCH MORE

SAT 31 Aug | **SUN 1 Sep**

FREE!

ROPERY ROAD THE HARBOUR
PIP & JIMS ST JAMES PLACE

The Sea Ilfracombe Maritime Festival is free and put on by unpaid local volunteers. If you would like to be part of the crew or be a sponsor or advertise please contact admin@seailfracombe.co.uk

FUNFAIR
LIVE MUSIC
FOOD AND DRINK
FUN FOR ALL THE FAMILY

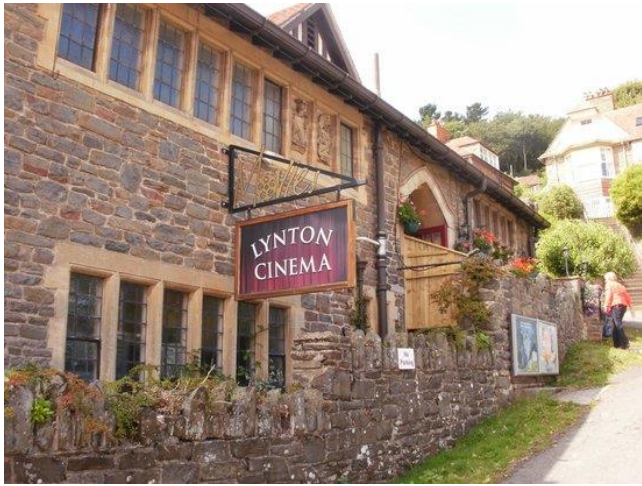
2024
ILFRACOMBE CARNIVAL

ILFRACOMBE CARNIVAL OF COLOUR 2024

SUNDAY 25TH AUGUST
PROCESSION STARTS AT 6PM

ilfracombecarnival@gmail.com

Lynton Cinema



Thelma (PG) Fri 2nd to Thur 8th 8.00 p.m. daily

The feature directorial debut of Josh Margolin, **THELMA** is a poignant action-comedy that gives veteran Oscar® nominee June Squibb (NEBRASKA) her first leading role and features the final performance of trailblazing actor Richard Roundtree (SHAFT)

If (U) Fri 2nd to Thur 8th 2.30 p.m. daily

From writer and director John Krasinski, **IF** is about a girl who discovers that she can see everyone's imaginary friends - and what she does with that superpower - as she embarks on a magical adventure to reconnect forgotten IFs with their kids

Twisters Fri 9th the Thur 15th 8.00 p.m. daily

A retired tornado-chaser and meteorologist is persuaded to return to Oklahoma to work with a new team and new technologies.

Despicable Me 4 (U) Fri 9th to Thur 15th 2.30 p.m. daily

In the first **Despicable Me** movie in seven years, Gru, the world's favourite supervillain-turned-Anti-Villain League-agent, returns for an exciting, bold new era of Minions mayhem in Illumination's **Despicable Me 4**. Following the 2022 summer blockbuster phenomenon of Illumination's **Minions**

Deadpool and Wolverine (15) Fri 16th to Thur 22nd 8.00 p.m. daily

Wolverine is recovering from his injuries when he crosses paths with the loudmouth, **Deadpool**. They team up to defeat a common enemy.

The Garfield Movie (U) Fri 16th to Tur 22nd 2.30 p.m. daily

Garfield (voiced by Chris Pratt), the world-famous, Monday-hating, lasagna-loving indoor cat, is about to have a wild outdoor adventure! After an unexpected reunion with his long-lost father - scruffy street cat **Vic** (voiced by Samuel L. Jackson)

Colleen Hoover's It Ends With Us Fri 23rd to Thur 29th 8.00 p.m. daily

Though coming from a complicated past, Lily Bloom has always known the life she wants. While living in Boston, she meets neurosurgeon Ryle Kincaid and believes she may very well have found her soul mate. Soon, however, questions arise about their relationship.

Harold and The Purple Crayon (U) Fri 23rd to Tur 29th 2.30 p.m. daily

Inside of his book, adventurous **Harold** can make anything come to life simply by drawing it. After he grows up and draws himself off the book's pages and into the physical world, **Harold** finds he has a lot to learn about real life.

The Count of Monte Cristo (PG) Fri 30th for 7 days 8.00 p.m. daily

A young man, falsely imprisoned by his jealous "friend", escapes and uses a hidden treasure to exact his revenge.

Check on line for further details and ring 01598 753397 to make reservations.

Local Businesses

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

From the 1st of July onwards the farm shop is under new management. See website for latest information and offers.

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can.. We look forward to seeing you all,

The Besshill Team.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk

Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late
(food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

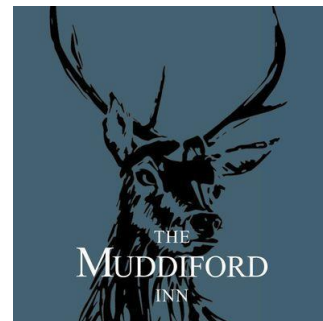
For any more information, check the website, Facebook page or ring 01271 850055.

Pavilion stores & café

Opening Times
Mon-Sat 8.30am to 5.30pm
Sun 9am to 1pm
Tel: 01598 763569
shopinfo@parracombe.org.uk
Parracombe Lane, Parracombe EX31 4QL



 Find us on Facebook
Search 'Parracombe Stores'



Open daily 12 noon til late.

Check out the website or Facebook for contact details, opening times and menus.