



East Down and Arlington Newsletter



Merry Christmas to one and all!

December 2022

November Coffee Morning

After two months “off for good behaviour” (well mainly road closures), November saw the return of the monthly coffee morning.

It was a fantastic turnout and a good time was had by all.



The next Village Hall coffee morning is planned to take place on **Thursday 5th January 2023 at 10.30 a.m.**

If you haven't been before, why not pop along for a coffee and a chat. Just bring along a plate of something sweet or savoury, all drinks are supplied. All we ask is a small donation towards the running of the Village Hall.

November 100 Club Draw We are pleased to announce that for the second month running, the 100 club was won by Anne Mant (Stewards enquiry is underway) with the runners up spot going to Jane Holderness. Congratulations both.

Please contact Rod Crossman 850704 or rodcrossman@hotmail.co.uk for more information on joining the draw.



The December Christmas Coffee Morning will take place on the 1st December and we will once again be looking for volunteers to look after the kitchens for next year's mornings. Why not pop along for a chat at 10.30 a.m. just bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask for is a small donation towards the upkeep of the Village Hall.

Blackmoor Gate YFC

Cake sale

Sunday 11th December from 11am

Cake sale at East Down village Hall

And Christmas sweet treat box deliveries

Christmas sweet boxes to be delivered from 11am to East Down/ Kentisbury/ Parracombe/Shirwell areas

Boxes E7

Cash Only!

Turn up to the cake sale or order a box to be delivered (meg 07947372705)

Money raised going to Devon Air Ambulance

PIC-COLLAGE

East Down with Arlington Church

Firstly, please note the time for the Carol Service with Christingle has been changed to 6.30 p.m. at Kentisbury church on 21st December. We are going there this year instead of holding one at East Down church together with Arlington. There will be refreshments after the service. All welcome to join us there.

We can decorate East Down and Arlington church if you want to as it would look nice for any visitors over the festive period. If anyone has any spare time it will still need cleaning in both churches, thank you.

Church and cleaning rota

December

10-17th All helpers

24-31st. Alex Caley

January

7-14th. Mrs M Done and Mrs A Norton

We were all very sad to hear of the passing of Peter Cawsey. Thank you to Patricia Hannam for helping at the service and to everyone who came despite the very cold conditions. Our thoughts and prayers go out to his family at this very sad time.

We want to thank the BMG Young Farmers very much for helping to tidy up the churchyard at East Down. A great job was done. You will see from the photos that some didn't want to be captured on film!

Lastly, the PCC would like to wish all the helpers and organists during the year a very Happy and Healthy Christmas and a Merry New Year. Thank you for all you've done for the two churches. Also, to Revd. Rosie and Revd. Sue for the services held and support.

Julie Kift

Church warden

It's lovely so many new members in the YF club, it's really a strong club now but Mr President aka Patrick doesn't know half of them! It's an age thing (ahem). So, although missing from the pictures there he was, an old "Young Farmer" who had his wife there helping as well!



Please forgive the image conjured up!



Village Hall Activity Contacts

The Parochial Church Council (PCC) - Julie
Kift 07763 537136

Art Group Margaret Smith 850727

Table Tennis Gill Parker 850549

Young farmers Meg Snowden 07947372705

Village Hall Activities

Village Hall December Diary

Coffee morning	Thursday 1 st	10.30 a.m.
Young Farmers	Thursday 1 st	7.00 p.m.
Table Tennis	6 th , 13 th , 20 th	7.00 p.m.
Art Club	7 th , 14 th , 21 st	10.00 a.m.
Blackmoor YFC	Saturday 10 th	6.00 p.m.
Blackmoor YFC	Sunday 11th	9 – 5 p.m.
Cake Sale		
EDPC	Monday 19 th	7.00 p.m.

If you would like to hire the Village Hall, we are now fully back open for business. The Hall has been equipped with hand sanitisers and cleaning wipes.

All that we ask is that you take reasonable measures to protect yourself and your visiting party from covid and leave the Hall in a clean and tidy condition. Please take away any litter that you generate; it would also be appreciated if you remove, clean and return any tea towels you may use in the kitchen.

Please contact Ray Thomas for bookings on 850464.

We would like to wish all our friends in East Down



A very Merry Christmas and all the best for a happy healthy 2023.

We are donating to the local food bank in lieu of sending cards this year.

With our Best Wishes to you all.

Andy & Lyn Norkett

East Down Village Hall Soundbaths Something new for 2023.

Come and experience the relaxing, meditative wonder of a sound bath by Zara Trinconnet. Designed to take you into a deep relaxation, a meditative journey and introduce you to a different form of healing using Himalayan bowls, voice, crystal bowls and grounding tools, a sound bath is the perfect way to start the week. They introduce sound into your chakra system and give you an overall introduction to how sound works with your mind, body and soul.

The sessions will take place on Monday afternoons at 2.00 p.m.

The dates we have for 2023 are
6th February, 13th March, 17th April, 15th May, 12th June, 17th July, 14th Aug, 11th Sept, 16th Oct, 13th Nov, 11th Dec

Look out for more information in the New Year.

East Down and District Produce Show 2023

Against a very difficult growing year the 2022 show was a great success. The Show Committee would like to thank all those who took part in whatever role.

Our next meeting will be held on January the 9th 2023 to plan for next year's show. However, for the show to happen in 2023, we really need a few extra helpers. So please help to keep this community event going.

We really need the following:

- An additional committee member would be good.
- People to help set up the hall on the Friday morning prior the show.
- Helping on the day.
- The final setting up in the morning of the show. Outside, Weather allowing.
- In the Kitchen
- On the Door.
- Selling Raffle Tickets
- Car Park
- Clearing up after the event.
- You don't have to be a committee member to help setting up or helping on the day.

Please give a few hours of your time for this Village Event.

Please contact: -

Rod Crossman 01271-850704



Mobile Library Service

The next visit will take place on **Tuesday 13th December**. The library will be in the Pyne Arms car park between 10.30 a.m. and 10.55a.m. If you have any queries, please contact Tiverton Library on 01884 244644 or via email: tiverton.mobile@librariesunlimited.org.uk

The first visit in the New Year will be Tuesday 24th January 2023.

Road Closures

The next scheduled road closure we are aware of is due to take place between the 12th December and the 4th January between the hours of 08.00 and 18.00. This is once again to support the installation of fibre cabling for Open Reach. The roads affected will be from South Leys Cross to Patchole and from Ford Bridge through to Coil Cross. Temporary diversions will be in place during the various phases of work.

For additional information contact:
BARDEN NETWORK ENGINEERING
Telephone: 0800 526015



The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com

Please note that we will not be publishing a newsletter in January 2023 but will circulate any news that is relevant via email.



Parracombe Village Hall

Saturday 10th December 8.00 p.m.

Singer-songwriter Sam Green is back with his unique surf roots style bringing you chilled out, laid back acoustic-based folk-blues.

See Facebook for details.

beaford in Parracombe
exploring our land, lives and future



Sam Green

Arlington Court



Linocut Christmas Card Printing with Lizzie Mee -Sat 3rd December 10.00 a.m. to 4.00 p.m.

Be guided by Lizzie and create a one or two layered Christmas card using linocut techniques.

You will have a go at drawing, cutting and printing to create your own unique card and learn about how to use Christmas patterns, or have a go at your own Christmas scene.

You will get about ten A6 cards from the day but you'll also have your own lino design to take away with you and reuse again and again.

Bring your own ideas for your card and I'll help you realise your vision, or enjoy some of the shapes, patterns and card ideas that I bring with me.

This day is fine for beginners but if you've done a bit before you could try a more complex design! It's up to you. Price includes entry to Arlington grounds.

Evening Christmas House Trail - Sat 9th December 5.00 p.m. to 6.15 p.m.

Start your tour in the tea room with a warm festive drink and snack, before being escorted to the house for a 1 hour 15-minute tour.

Experience the magic of Christmas after dark. The house will be decorated for a Victorian Christmas with real Christmas trees, traditional decorations present and more - just as it would have been when Rosalie Chichester was growing up. It will be lit mostly by candlelight.

We are also excited to announce that this year the upstairs of the house will also be open and decorated, with a display of Victorian party dresses for you to see.

Christmas Carol trail -Sat 3rd December 10.00 a.m. to 4.00 p.m.

Journey around the grounds to discover some of our favourite festive carols, have fun and sing along. Make your way along the trail to discover some of our favourite Christmas carols, find the hidden letters to claim your prize.

The trail takes place every weekend from 19 November to 18 December. Come along and explore the beautiful grounds of Arlington Court.

Christmas at the Court - Sat 3rd December 11.00 a.m. to 3.30 p.m.

Join us at Arlington Court and get in the festive mood this winter and start the festive season with a visit to the former Chichester family home and see the house dressed for a traditional Victorian Christmas. This event is free, but normal admission and car parking charges apply for non-National Trust members. National Trust members get free entry and free parking. The last entry to the house and Carriage Museum will be at 3.30pm."

Casting the Runes - Two Ghost Stories by M R James - Sat 3rd Dec 7.30 p.m. to 9.00 p.m.

Robert Lloyd Parry performs two ghost stories of M R James in the Staircase Hall at Arlington Court.

Montague Rhodes James [1862 – 1936] wrote his ghost stories to perform to friends in the years leading up to WW1. Today they have lost nothing of their power to terrify and amuse. Nunkie Theatre Company performs two of James's very best, in a thrilling one-man show – the scarcely-believable fifth instalment of The M R James Trilogy.

In Casting the Runes we meet the unforgettable 'Abbot of Lufford,' Mr. Karswell – magic lanternist, historian of the occult, and scourge of the academic establishment. The story is perhaps best known for being the source for the classic 1950s horror film 'Night of the Demon.' It is partnered here by one of James's most neglected masterpieces: The Residence at Whitminster in which a dark shadow is cast over the precinct of a peaceful English church...

"Storytelling at its best..." The Stage

Ticket price includes one winter warming drink (mulled wine or mulled juice) and one festive treat (mince pie or other festive bake).

See website for more information.

Discover Exmoor



If you fancy wandering slightly further afield, we thought we would highlight some of the events across Exmoor in the coming month. Check out everything else that's happening on www.exmoor-nationalpark.gov.uk.

Dunster Candlelight 2022

Friday 2nd December 5.00 p.m. to 9.00 p.m.

Saturday 3rd December 4.00 p.m. to 9.00 p.m.

Candlelight takes place every year on the first Friday and Saturday of December when this remarkably preserved medieval village turns its back on the present and lights its streets with lanterns and where possible candles in the houses. The whole place is alive with music and entertainment.



Dulverton Starlight 2022

Dulverton by Starlight is a magical event with fireworks, street entertainment, stallholders with Christmas gifts and festive refreshments. Open to everyone with free admission, the date for this year is **Sunday 4 December 2022**.

On the first Sunday of December the pretty Exmoor town of Dulverton is decorated with Christmas trees festooned with lights, and for one Sunday many of the shops are open for people to do some local Christmas shopping and an array of exciting Christmas market stalls fill the streets and more can be found inside Dulverton Town Hall.

Festivities take place all afternoon and into the evening, including street entertainers and live music – and for 2022 fireworks will return to spread some festive cheer!

Lynton Cinema

Moonage Daydream (15) Thur 1st 8.00 p.m.

With MOONAGE DAYDREAM, Brett Morgen (The Kid Stays in the Picture, Kurt Cobain: Montage of Heck, Jane) presents a genre defying immersion into the art and sounds of David Bowie. Considered one of the greatest artists of our time, David Bowie has been moving culture for over 50 years.

Amsterdam Fri 2nd to Wed 7th 8.00 p.m.
(matinee 2.30 p.m. Monday)

Set in the '30s, it follows three friends who witness a murder, become suspects themselves, and uncover one of the most outrageous plots in American history.

We are sorry but we do not have any film information beyond the 7th December.

Check on line for further details and ring 01598 753397 to make reservations.

This is a delightfully quaint cinema and a must do experience for anyone. Entry is extremely well priced with sweets and drinks available at a very reasonable rate.

A warm welcome is guaranteed.

Merry Christmas and a healthy and prosperous New Year.



Local Businesses

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. Visit us today for all of your festive favourites.

Now taking orders for Christmas Dinner meats.

For latest news, please see our Facebook page and website.

We look forward to seeing you all,

The Besshill Team.

Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late (food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until late (food served 12.00 noon to 5.00 p.m.)

Closed Mondays and Tuesdays.

The Pyne continues to be very popular and advance bookings for meals is recommended. Booking can now be made every easily online through ResDiary. There is a “book a table” button on the website which is very quick and easy to use.

Keep an eye out on Facebook for takeaway menus.

For any more information check the website, Facebook page or ring 01271 850055.

Gemma at Waytown Tea Rooms - Kentisbury

01271 280000

Shop and tea room open from 9.00 a.m. to 4.00 p.m.

See Facebook for latest information.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

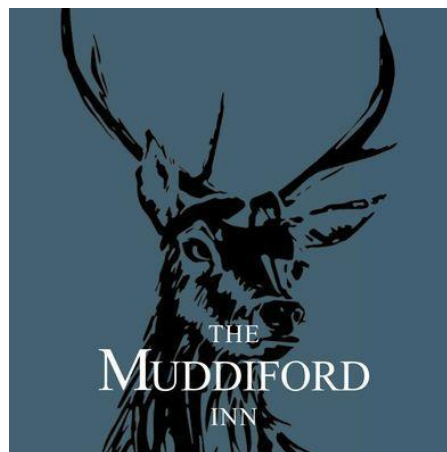
Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk



The Muddiford Inn

Normal Hours

Monday Closed

Tuesday open from 5.30 p.m.

Wednesday to Saturday open lunch and evenings

Sunday, open all day

Booking Recommended for food.

See websites and Facebook for Christmas menus and festive opening hours.