



East Down with Arlington Church

The Carol service will again be shared with Kentisbury church on 20th December at 6.30 p.m. so, there be no Carol service in East Down or Arlington churches but it will be lovely to join Kentisbury church and share the service with them. Refreshments are given out afterwards so let's all go and enjoy the carols with them. Another meeting has been arranged in East Down village hall on 18th January 7 pm to further discuss the possibility of a "Friends Group" forming to support East Down church. Please come if you're able to and see what can be arranged.

There will be no services in East Down church in January and February but we hope to have one at Easter. The church will still need to be kept clean but if you don't want to put fresh flowers then that's quite alright as we have some very nice artificial ones in their place. It's entirely up to you if you wish to put fresh flowers. So, the

Flower and Cleaning rota looks like this.

9th-30th December. All helpers if you're free and able to help

6th-13th January Mrs J Parker

20th-27th January Mrs H Bowden and Mrs Sophie Lerwill

3rd-17th February Mrs J and Mrs C Kift

Thank you all for all you do in supporting the church.

Julie Kift, Church warden

November 100 Club Draw

This month's winners were Tom and Erica with Lis Kempf taking the runners up spot. Congratulations all.

As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 rodcrossman@hotmail.co.uk or Ray Thomas 850464 for more information on joining the draw.

November Coffee Morning



Unfortunately, November's coffee morning was cancelled due to the abnormally high winds and associated travel warnings.

The next coffee morning will be the Christmas event held on **Thursday 7th December** at 10.30 a.m. and is a chance to get in a festive mood nice and early.

If you haven't been before, why not pop along for a chat and bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask is a small donation towards the upkeep of the Village Hall.



The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com

Please note that there will not be a newsletter in January.

We will keep you up to speed with any news via separate emails.

Village Hall Activities

The Parochial Church Council (PCC) - Julie
Kift 07763 537136
Art Group Margaret Smith 850727
Table Tennis Gill Parker 850549
Young farmers Meg 07947372705



Village Hall December Diary

December activities are due to finish on the 20th.

Coffee Morning	Thursday 7 th	10.30 a.m.
YFC	Thursday 7 th	7.00 p.m.
EDPC	Monday 18 th	7.00 p.m.
Table Tennis	Tuesdays	7.00 p.m.
Art Club	Wednesdays	10.00 a.m.

If you would like to hire the Village Hall,
Please contact Ray Thomas for bookings on 850464.



Mobile Library Service

It has been confirmed that the mobile libraries **ARE** going to be withdrawn from service. We have however been granted a minor stay of execution and there will be visits to East Down on Tuesday 9th January and 6th February.

The library will be in the Pyne Arms car park between 10.30 a.m. and 10.55a.m.

We will communicate any further updates.

If you have any queries, please contact Tiverton Library on 01884 244644 or via email: tiverton.mobile@librariesunlimited.org.uk

Christmas Wishes



Andy & Lyn Norkett would like to wish all their friends in East Down a very
Happy Christmas
and a healthy, peaceful New Year xxx

Donations to Ilfracombe Foodbank instead of cards"

CHRISTMAS PARTY
KENTISBURY VILLAGE HALL
SATURDAY 9TH DECEMBER
FROM 7.30PM

FEATURING LIVE BAND
!BROKEN AERIALS!

DELICIOUS PIZZA
FROM
EXE PIZZA CO

CONTACT MOLLY
01271 883506
TICKETS £7.50

Spot the difference?

Our roving reporter was passing through the Village and noticed something distinctly familiar. Returning to base, the newsletter archives revealed that chums Richard and Phil had decided to re-enact a movie classic scene..... a very tricky “spot the difference” competition.



Something Strange at Woolacombe

For all you budding David Attenboroughs, our early morning Woolacombe beach walks do turn up some strange things. Try this one for size.



Arlington Court



Christmas at Arlington Court

Join us at Arlington Court for one of our open evenings on the 7th and 14th of December. Immerse yourself in all the splendour of a Victorian Christmas, while exploring the house after opening hours.

Experience the festive decorations, including a 16ft real Christmas tree in the Staircase Hall and handmade ornaments made by the Devon Guild of Embroiderers. Join in with some family crafting or head to the tea-room which will be open for festive snacks, treats and hot drinks.

The open evenings will run from 2pm till 7pm and last entry to the house is 6.30pm. Members can enter for free and for non-members tickets cost £8 per adult and £4 for children. Booking is not required.

The wider estate is also ready to be explored with a free 12 days of Christmas Carol trail. Taking place around the lake walk, visitors can enjoy this free self-lead trail as they find the giant baubles and sing other festive favourites along the way. We hope to see you this Christmas and that you enjoy the festive season. To find out more please visit: www.nationaltrust.org.uk/arlington-court



There are lots of other activities taking place at Arlington throughout December; see website for more details on events, timings and pricing.

- Christmas Carol Walks - 1st to 31st December
- 200 Trees for 200 Years of Arlington (Community Christmas Project) - 2nd to 31st Dec
- Outdoor History Tour - 2nd to 9th December
- A Victorian Christmas evening at Arlington Court - 7th to 14th Dec
- Winter Warmer Well-Being walk - 9th December



Discover Exmoor

Dunster by Candlelight 2023

Friday 1st December 5.00 p.m. to 9.00 p.m.
Saturday 2nd December 4.00 p.m. to 9.00 p.m.
Dunster by Candlelight is a traditional festival with free street entertainment such as stilt walkers, jugglers, flame throwers and musicians. The shops and local attractions will be open late and there will be many choices of food and drink in the village. The streets are closed to traffic on the Friday and Saturday evenings and parking in the village itself is not allowed. See website for park and ride and more information.





Dulverton Starlight 2023

Dulverton by Starlight once again brings the festive spirit to Exmoor in 2023 – with most of the 40+ independent shops open for the event, craft market, entertainment and of course the wonderful Fireworks too!

Taking place from 2.00 p.m. -7.00 p.m. on Sunday 3rd December the annual winter festival sparkles with white lights on the Christmas trees that line the streets of this pretty moorland town.

The shops and businesses will be traditionally dressed for the season and many of them will open all day for browsing and buying for Christmas goodies.

The popular Indoor and Outdoor Winter Market will run from 2.00 p.m. to 7.00 p.m. selling local crafts, gifts and food.

Roaming entertainers will keep you enthralled wherever you are in town with their pop-up performances, juggling, tricks and endless jokes.

Look out for Santa in the Heritage Centre from 3.00 p.m., carols to sing along to by the big Christmas tree at 5.45 p.m. and the ever-popular fireworks to finish off a fun day at 6.15 p.m.



Christmas Bird Walk - Thursday 14th December - Porlock Weir Car Park

Join a local bird enthusiast for a festive 3-mile circular walk from Porlock Weir along the shingle ridge to Porlock Marsh.

Learn how to spot and identify the coastal birds that visit this fascinating coastal landscape in winter. Some of the likely species you might spot include Stonechats, winter ducks Teal, Pintail, Widgeon, Pochard and waders such as Redshank, Oyster Catcher, Knot, Dunlin, Turnstone, Curlew.

Suitable for beginners and those with some knowledge of birds.

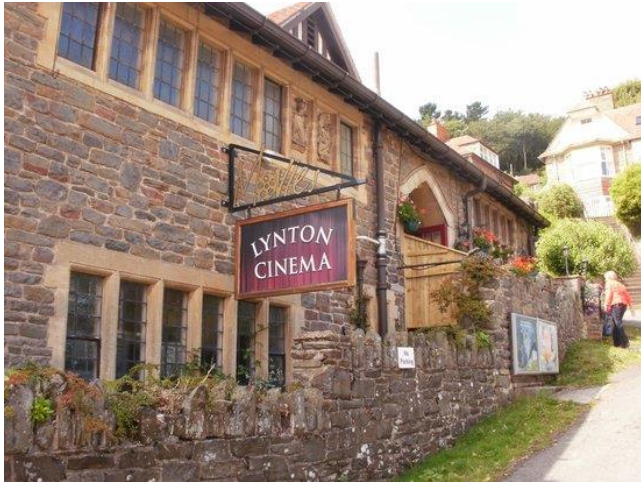
Meet in the car park at Porlock Weir (TA24 8PB) for a 10:00am start. Return to vehicles by 12:30pm. (Please note the car park is pay and display). Walking boots/wellingtons advised along with warm waterproof clothing. Dark clothing if possible, so as not to scare birds. Bring binoculars and a warm drink.

Accessibility: This walk includes areas of uneven ground, with frequent cobbles near the shingle ridge.

Sorry no dogs. Booking essential. Free event - donations welcome to our CareMoor for Exmoor scheme supporting heritage, nature and access projects on Exmoor.



Lynton Cinema



Driving Madeleine Fri 1st to Sun 3rd 8.00 p.m.
(matinee Mon 4th 2.30 p.m.).

Charles (Dany Boon), a middle-aged Parisian taxi driver is having a very bad day. His personal life is in shambles and some pressing personal debts are due. His next fare, an elderly woman (Line Renaud), informs him that the trip will not be a direct one.

Golda (12A) Mon 4th to Thur 7th 8.00 p.m.
(matinee Tue 5th 2.30 p.m.)

Golda is a ticking-clock thriller set during the tense 19 days of the Yom Kippur War in 1973. Israeli Prime Minister Golda Meir (Helen Mirren), faced with the potential of Israel's complete destruction, must navigate overwhelming odds, a skeptical cabinet, and a complex relationship with the U.S.

Napolean (15) Fri 8th to Thur 14th 8.00 p.m.
(matinee Mon 2.30 p.m.)

Napoleon is a spectacle-filled action epic that details the checkered rise and fall of the iconic French Emperor Napoleon Bonaparte, played by Oscar-winner Joaquin Phoenix. Against a stunning backdrop of large-scale filmmaking orchestrated by legendary director Ridley Scott.

Christmas Day at the Holly Day Inn (U) Fri 15th to Thur 21st 8.00 p.m.

Christmas at the Holly Day Inn is a family-friendly, multi-generational romantic comedy about an over-achieving executive who quits her job just before Christmas and goes to her father's country inn to try to find some balance again.

Wish (U) Fri 15th to Thur 21st 2.30 p.m.

In "Wish," Asha, a sharp-witted idealist, makes a wish so powerful that it is answered by a cosmic force - a little ball of boundless energy called Star. Together, Asha and Star confront a most formidable foe - the ruler of Rosas, King Magnifico - to save her community.

Wonka Fri 22nd to Sun 31st 2.30 p.m. and 8.00 p.m. daily (closed xmas day only)

An origin story that explores the vivid, mythical beginnings of the imaginative young inventor before he becomes the renowned scumdidlyumptious Mozart of chocolate.

Check on line for further details and ring 01598 753397 to make reservations.





Hello there,
As our busy Autumn/Winter season comes to a close we're just letting you know about our final project of 2023...

Climate Change Theatre Action | A North Devon response to the impact of climate change

An exciting collaboration between [Beaford](#), [Theatre Workhouse](#), [multi story theatre company](#), [Braunton Academy](#) and [Chulmleigh College](#). Together they will be presenting playlets from around the globe, as well as locally based, that reflect, in a myriad of imaginative ways, our changing world.

[Climate Change Theatre Action](#) is a worldwide festival of short plays about the climate crisis presented biennially to coincide with the United Nations COP meetings. Every other year, 50 professional playwrights, representing all inhabited continents as well as several cultures and Indigenous nations, are commissioned to write five-minute plays about an aspect of the climate crisis based on a prompt.

In 2021 this initiative provided an evening of sea monsters in California, Australian anthropology, Chilean anger, a miraculous arrival of water in India, death on Lundy and an unforgettable penguin confronting a polar bear!!...Do come along to one of the three North Devon performances to find out where we will journey to this year!

See you there,
The team at Beaford

[Braunton Academy - 4th Dec](#)

[Chulmleigh College - 5th Dec](#)

[The Bridge Trust Hall, Barnstaple - 6th Dec](#)

Advance tickets: £6 adults, £3 under 16s (online booking fees apply)

Thanks to everyone who came to visit the **When I'm 40** exhibition of photographs by acclaimed climate photographer [Gideon Mendel](#) during its two week stint in Barnstaple Pannier Market. We're hopeful that a selection of these images will be available to view at Braunton Academy, Chulmleigh College and Bridge Chambers as a backdrop to **Climate Change Theatre Action 2023**.



Special Offers

Merry Christmas!
Get a Free Gift with every copy of A Photographic Friendship
 Order now and receive a FREE 5 pack of newly released James Ravilious greetings cards
beaford.org/shop

Available while stocks last on orders placed before 15th December 2023. This offer cannot be used in conjunction with any other offer, discount or promotion.

Merry Christmas!
Deck The Walls with photos this festive season with 20% off Beaford Archive prints from beafordarchive.org
 Order by 15th December for pre-Christmas delivery

PROMO CODE: DECKTHEWALLS

*This offer cannot be used in conjunction with any other offer, discount or promotion.

A huge congratulations to Amie, Ellis and team who, for the fourth year running, have deservedly found themselves in the Estrella Top 50 Gastropub listing..... well done guys !!

Here is their Christmas party menu 🎄🍷 this will be running from Friday 1st of December through to Friday 22nd December. Bookings can be made via our website www.pynearms.com or for larger parties please call or message.

THE PYNE ARMS CHRISTMAS

Festive menu

2 courses £29

3 courses £35

Pheasant scotch egg, spiced tomato chutney
Chicken liver pate, red onion jam, homemade brioche
Twice baked vintage cheddar soufflé, cheddar & chive sauce
Our 'not French' onion & Devonshire cider soup, cheddar gratin

Slow roast rump of Moorland beef OR Turkey, dauphinois potato, honey roast vegetables, Yorkshire pudding
Fillet of grey mullet, light curry sauce, onion Bhaji, lentil Dhal, Bombay potatoes
Root vegetable roulade, Devonshire blue cheese sauce, honey roast vegetables
Local game suet pudding, game chips, game jus, beer pickled onion rings

Christmas pudding, brandy, custard
Fig & damson jam bakewell sponge
Salted caramel & chocolate fondant
Lemon tart, blackcurrant sorbet

Petit fois





THE MUDDIFORD INN

~ CHRISTMAS DAY ~

STARTERS

Jerusalem Artichoke and Truffle Soup (GFO)
King Prawn and Crab Cocktail with a Bloody Mary Sauce (GF)
Salad of Tea Smoked Duck Breast, Celeriac Remoulade, Pickled Blackberries (GF)
Spiced Goats Cheese Bon Bons, Beetroot and Chilli Jam, Caramalised Chestnuts (V, N)

MAINS

Roast Free Range Turkey served in the traditional way
Saddle of Venison with Roasted Corn, Wild Mushrooms (GF)
Roast Fillet of Salmon with Pan Seared Scallops, Champagne Butter (GF)
Baked Vegetarian Wellington with a Smoked Tomato and Garlic Gravy (V)

DESSERTS

Traditional Christmas Pudding with Brandy Sauce (GFO)
Chocolate Tart, with Vanilla Mascarpone, Poached Oranges and Honeycomb
Vanilla Seed Crème Brûlée, Shortbread Biscuit (GFO)
Selection of British Farmhouse Cheeses (GFO)

Coffee and Warm Mince Pies (GFO) + **£4.50**

Adult £85.95 Child (under 12) £42.95

A 50% non-refundable deposit will be required two weeks before the event





THE **MUDDIFORD** INN

~ **DECEMBER FESTIVE MENU** ~

STARTERS

Roasted Tomato and Aubergine Soup (GFO)
Potted Duck served with Apple and Damson Chutney, Griddled Toast (GFO)
Smoked Salmon with Tiger Prawns, Sea Herb Dressing (GFO)
Spiced Goats Cheese Bon Bons, Pickled Radish, Beetroot and Chilli Jam, Caramelised Chestnuts (V, N)

MAINS

Roast Free Range Turkey served in the traditional way
Fillet of Hake with a Crab Thermidor Risotto (GF)
Roast Rump of Lamb with a Cauliflower Cheese Puree, Mint and Caper Salsa
Pan Roasted Nut Cutlet, Cheese and Chilli Crust, Thai Dressing (V)

DESSERTS

Traditional Christmas Pudding with Brandy Sauce (GFO)
Chocolate Brownie with an Orange Marmalade Ice-Cream and Honeycomb (GF)
Vanilla Seed Crème Brûlée, Shortbread Biscuit (GFO)
British Farmhouse Cheeses (GFO)

Coffee and Warm Mince Pies + £3.95 (GFO)

Two Courses £26.95
Three Courses £32.95



Local Businesses

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. For latest news, please see our Facebook page and website. We look forward to seeing you all,

The Besshill Team.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk

Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late (food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

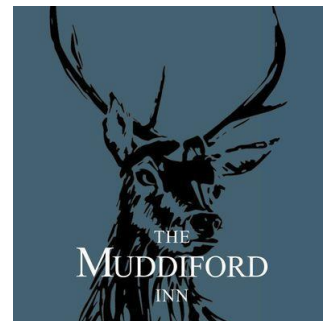
For any more information, check the website, Facebook page or ring 01271 850055.

Pavilion stores & café

Opening Times
Mon-Sat 8.30am to 5.30pm
Sun 9am to 1pm
Tel: 01598 763569
shopinfo@parracombe.org.uk
Parracombe Lane, Parracombe EX31 4QL



Find us on Facebook
Search 'Parracombe Stores'



Open daily 12 noon til late.

Check out the website or Facebook for contact details, opening times and menus.

Opening times over the Christmas period

Christmas Eve
Bar: 12pm - 10pm
Kitchen: 12pm - 4pm

Christmas Day
Bar: 12pm - 4pm
Kitchen: 12pm - 2:30pm

Boxing Day
Closed

New Year's Eve
Bar: 12pm - 5pm
Kitchen: 12pm - 3pm
Evening - Closed

New Year's Day
Bar: 12pm - 5pm
Kitchen: 12pm - 3pm

