



2024

Friends of the Church

East Down Village Hall

Bring and Share Coffee Morning



Thursday 3rd October
10.30 a.m. - Noon

Raffle
(Prize donations very welcome)

All proceeds to Church funds.

HALLOWEEN BINGO

East Down village hall -Wednesday October 30th
2024

Doors open 6.30pm Eyes down 7pm

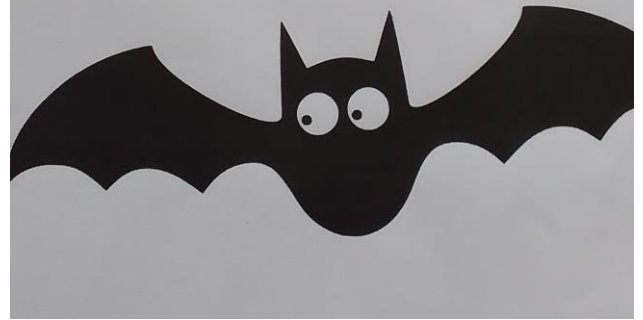
Adults £5 children £3

Refreshments and Draw

- **Booking essential contact Wendy**

- **01271 850548**

Or text 07947656735



Donations for raffle prizes will be most welcome.



September 100 Club Draw

Last month's winners of the 100 club were Mark King with Kavina Tarr picking up second spot. Congratulations all.

As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 rodcrossman@hotmail.co.uk or Ray Thomas 850464 for more information on joining the draw.

East Down Church Harvest Festival

A big thank you to everybody who turned up during the week and on Saturday to prepare the Church for the Festival Service. The weather held off allowing the hedges and grass to be trimmed and the gravel path to be cleared of weeds. Inside, the Church cleaning looked amazing; decorated with flowers and Harvest offerings.

Despite the weather, it was great to see so many people attend the service on Sunday with all food donations going to the women's Hostel in Barnstaple. The wind died down just long enough for the children to sow their wild flower seeds in the prepared patch outside the door; I'm sure we will all look forward to seeing them grow next year.

Overheard tales

Well, the summer has left us, the harvest is in and the children are back at school. For many parents and grand-parents, looking after children during the six weeks holiday can take its toll, however few of us have probably been left feeling in the spin that poor Lady Lerwill (LL) was left in whilst looking after her grand-children many moons ago.



Having spent the morning doing the weekly shop around Harrods (or maybe it was Sainsburys), LL returned home with her arms full of groceries and two tired grand-children in tow. As staff were off that morning, LL and Darling Dearest Dennis (DDD) cleared the shopping away to the pantries whilst dodging tiny tots with arms full of toys and cries for sweets and treats. Slightly frazzled, they settled down to check the coinage of the purse after their extravagancies of the day.

Horror struck as LL realised that she had lost her handbag and had probably left it in one of the high-class establishments visited earlier. A quick telephone call failed to locate the missing handbag and LL and DDD set about cancelling all their platinum credit cards. Task done they settled down to tea and tiffin and discussed the evening's meal whilst the tiny tots snoozed.

Choice made, DDD was sent to retrieve the chosen item from the freezer. Imagine Lady Lerwill's delight when he appeared not only clutching a rather large lobster but also her missing handbag slightly spoiled by the beautiful ice crystals currently forming.

No-one was quite sure just who had packed the handbag into the freezer between the prawn ring and the chocolate gateau however LL has since made sure that 'staff' take full control of all grocery management, especially if the grand-children are visiting.



September Coffee Morning

A big thank you to Liz Smyth (Busy Lizzie) and the lovely Julie Kift for juggling the kettles and keeping the flow of coffee going. It was nice to see everyone having a relaxing time and thanks again for another tidy sum raised for the Village Hall.

If you haven't been before, why not pop along for a chat and bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask is a small donation towards the upkeep of the Village Hall. "Last orders" are usually called between 12.00 noon and 12.30p.m.

The next coffee morning will be 3rd October and will be hosted by Friends of the church.

East Down Library Service



The next library morning will be held in the Hall at 10.15 a.m. on Thursday 17th October. It is a great chance to browse our selection of books and DVD's whilst enjoying a slice of cake and a cuppa.

If you want to order material from Barnstaple Library, don't forget to bring your library card so that we can order on line.

There will be a nominal charge of £1 to cover the use of the hall and refreshments. A huge thank you to people who have so kindly donated books and DVD's.

Village Hall Building Work

Building work is continuing to progress and is due to be completed mid-October. We will include an overview in next month's newsletter. Throughout the build, access to the first aid kit and defibrillator will continue.

Village Hall Contacts

The Parochial Church Council (PCC) - Julie Kift 07763 537136
Art Group Margaret Smith 850727
Table Tennis Gill Parker 850549
Young farmers Meg 07947372705

Village Hall October Diary

Building work on the porch is progressing well so all activities will continue as planned.

Coffee morning	Thursday 3 rd	10.30 a.m.
EDVH and AGM	Monday 14 th	6.30 p.m.
VH Library	Thursday 17 th	10.15 a.m.
Parish Council	Monday 21 st	7.00 p.m.
Halloween Bingo	Wednesday 30 th	6.30 p.m.
Table Tennis	Tuesdays	7.00 p.m.
Art/craft group	Wednesdays	10.00 a.m.

If you would like to hire the Village Hall,
Please contact Ray Thomas for bookings on 850464.

Bridleway 48 to be reopened.

Following a High Court decision this summer the bridleway running from Bowden Corner (at the end of Rookbear Lane) to Whitefield Hill is to be reopened. The route has been re-designated as a Restricted Byway (no motorised vehicles allowed) and is to be cleared and reopened for public access by Devon County Council. The route is currently overgrown and impassable but the Council has confirmed that planning is underway to undertake the necessary clearing this autumn. As the work is partly weather dependant, they cannot be exact on timescale, and we will keep you up to date with developments.



Arlington Court

Community scarecrow trail and Autumnfest at Arlington Court

Arlington Court is welcoming autumn with its annual Community Scarecrow Trail and Autumnfest, running from 5 October to 3 November. This family-friendly event invites visitors to explore the grounds while searching for scarecrows made by local schools, groups, and volunteers.

The theme this year is children's book characters, and we're excited to see what creative scarecrows will be on display. Pick up a trail sheet from Visitor Reception and see how many you can find!

The house and gardens will also be dressed for the season, featuring a harvest table and floral displays. Visit the garden to see the pumpkins growing or have fun with some welly wanging on the lawn.

For our younger visitors, there's an autumn spotter sheet, plus a chance to get creative with family crafts in the Activity Room.

If you're interested in learning about the garden, come along to our weekly garden talks every Wednesday throughout October. Running from 12:30pm to 1:00pm, these short sessions with the Gardening Team will highlight what's looking good in the garden and share tips you can try at home.


For those who enjoy a good autumn walk, explore Arlington's wider estate to take in the beautiful autumn colours. There are plenty of trails to choose from, and your four-legged friends are also welcome in the gardens, grounds, and Carriage Museum. To learn more about what's happening this autumn and during half term, visit the Arlington Court website.

Please note that while events and trails are free, normal admission prices apply.




Kentisbury

WE'RE BACK AGAIN AND BETTER THAN EVER



= quiz night




**at Kentisbury Village Hall
Saturday 5th October 2024
at 7.00pm**

**£7.50 per person
(including a delicious supper)**

**Maximum of 6 people per team
Call Tom on 01271 882305 to book**

PLEASE COME ALONG

ALL WELCOME



Ilfracombe

Gin Tasting at Ilfracombe Lifeboat Station - 4th October 6.00 p.m.

Don't forget the evening includes the unveiling of their spiced rum! This is an exclusive event and tickets are strictly limited. See website to book your place.

Oktoberfest at the Thatched Inn - 4th and 5th October.

This year we welcome The Greater Good Due and Dixie Hicks are back again to get you up and dancing.

An evening with Jimmy Tarbuck - Landmark Theatre 24th October 7.30 p.m.

After more than 60 years at the very top of his profession, Jimmy Tarbuck OBE relives many of the most iconic moments of a life on stage and screen. Featuring a huge collection of anecdotes and video clips highlighting a glittering career.

Spooks and Sparks -Ilfracombe Rugby Club - 25th October at 6.30 p.m.

A joint celebration of Guy Fawkes night and Halloween. The event features a bonfire, BBQ, haunted house, live music, bar, performers and of course some spectacular fireworks. Lots of family friendly fun with all proceeds going to Ilfracombe Rugby Club.

Parracombe

One Man King Arthur October 25th 7.00 p.m. - 9.00 p.m.



King Arthur, Merlin, Lancelot & Guinevere. Many tales, adventures & sagas. One man to tell them all.

This will be the Legend of King Arthur as you have never seen it before...Ask ev'ry person if he's heard the story; And tell it strong and clear if he has not. That once there was a fleeting wisp of glory called Camelot.

Tickets £10 (U16 £7.50) Early Bird or
£12.50 (U16 £10) after 11/10/24

Tickets available from Parracombe
Pavilion Stores & Café and online from
this page.

Raising money for Parracombe community projects.

Shirwell

Shirwell Organ Fundraiser

The organ at St Peter's Church, Shirwell, has needed a major, critical life-saving operation - virtually an internal organ transplant! The costs are enormous, but it is an absolutely essential spend, so we are looking at ways to cover some of the expense.

In aid of the repair, a number of volunteers have got together to put on a unique evening of music at Shirwell Village Hall, on October 12th from 7pm. The programme is extremely varied, in an effort to provide something for everyone. We have both amateur hobbyist musicians and professional, top of their class performers, so this really is an event not to be missed. The age range of performers spans nine decades, and we can't express sufficiently how grateful we are to all those who are taking part and helping to make this an evening to remember.

Tickets are available online, numbers are limited. Please see the attached PDF. The cost is £10 adult, £5 children under 15. (plus a few pence admin fee for online purchasing.) There will be a bar and finger snacks and a raffle with three quality prizes. Parking is available on-street but, as we know, the space is limited so please car-share wherever possible.

Barnstaple

Ben Elton: Authentic Stupidity

25th October 7.30 p.m. Queens Theatre

Following the huge success of Ben Elton's critically acclaimed sold-out UK tour in 2019, which marked his return to live comedy after a fifteen-year hiatus, the undisputed godfather of modern stand-up is going back on the road with his new show – Authentic Stupidity.

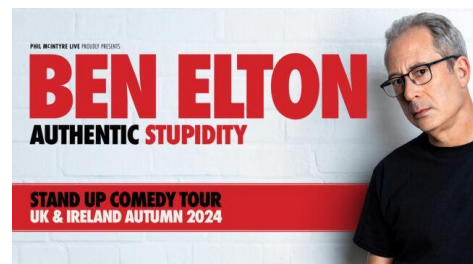
Ben says 'Since my last live tour a whole new existential threat has emerged to threaten humanity! Apparently Artificial Intelligence is going to destroy us all! Well, I reckon our real problem isn't Artificial Intelligence it's good old

Shirwell If anyone doesn't have the facility to purchase online please send an email to me at lesleyaking@protonmail.com



fashioned Authentic Stupidity! Forget AI! It's AS we need to be worrying about!'

Ben Elton first exploded into the national consciousness back in the 1980's hosting Channel 4's ground breaking Saturday Live and he's been setting the standard for gag filled, taboo busting, tonsil rattling, mind expanding stand-up comedy ever since!



Exmoor Dark Skies Festival - October 18th to November 3rd



Join us to celebrate and explore the wonders of Exmoor after dark.

Booking for the 2024 festival is now open, and with well over 50 events to choose from there is something for everyone. The majority of events book out in advance so don't delay.

Some of the programme highlights for the 2024 Exmoor Dark Skies Festival include:

- Dark Skies Yoga
- Planetarium experiences
- Family Stargazing and Wildlife walks
- Astronomy suppers and talks

Events are spread all over the National Park and are run by the Exmoor National Park Authority and many other businesses and organisations.

See Exmoor National Park website for more info.

Lynton and Lynmouth

Cliff Railway Spooktacular
October 27th 6.00 p.m. to 9.00 p.m.

Gin and Star Gazing Caffyns Farm Lynton 26th October 7.00 p.m. - 9.00 p.m.

Enjoy a taste of the spirit of Exmoor with the award-winning Wicked Wolf gin crafters, Pat and Julie, followed by a planetary experience with Moor Wild Experiences.

Discover the slow distillation process behind the 5 botanically blended premium gins which will be enjoyed as tasters alongside a nibble platter of cheeses and crusty bread - avoiding vinegary spoilers.

Step outside Caffyns Farm Barn Cafe into the dark open sky setting, to spot Saturn's rings, the Milky Way and galaxies in our Dobsonian telescopes.

Enjoy an indoor projected show of Deep Space imagery and much more. £55 per head, limited availability.

Contact Caffyns for information.



CLIFF RAILWAY SPOOKTACULAR
6pm - 9pm Sunday
27th October 2024
Normal ticket prices

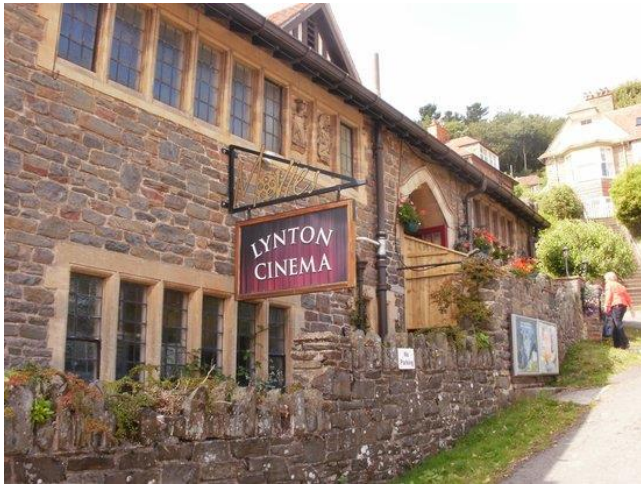
Are you brave enough
to ride the railway
in the dark?

Creepy, scares
& surprises

Spooky goes on ghostly Cliff 'Wail' Way

THE HIGHEST AND STEEPEST FULLY WATER POWERED RAILWAY IN THE WORLD
Telephone: 01598 753486 contact@cliffrailwaylynton.co.uk www.cliffrailwaylynton.co.uk

Lynton Cinema



Lee (2023) (15) Tue 1st to Thur 3rd 8.00 p.m.

The story of American photographer Lee Miller, a fashion model who became an acclaimed war correspondent for Vogue magazine during WW II.

The Count of Monte Christo (12A) Fri 4th to Thur 10th 7.30 p.m (matinee 2.00 p.m. Mon)

After escaping from an island prison where he spent 14 years for being wrongly accused of state treason, a man, helped by his young associates, returns as the Count of Monte Christo to exact revenge on the man who betrayed him.

The Outrun (15) Fri 11th to Thur 17th 8.00 p.m. daily (matinee Mon 2.30 p.m.)

After living life on the edge of London, Rona attempts to come to terms with her troubled past. Hoping to heal, she returns to the wild beauty of Scotland's Orkney Islands where she grew up.

Megalopolis (15) Fri 18th to Thur 24th 8.00 p.m. daily (matinee Non 2.30 p.m.)

The city of New Rome is the main conflict between Cesar Catilina, a brilliant artist in favour of a utopian future, and the greedy mayor Franklyn Cicero. Between them is Julia Cicero, her loyalty divided between her father and her beloved.

Joker : Folie a Deux Fri 25th to Thur 31st 8.00 p.m. daily.

Failed comedian Arthur Fleck meets the love of his life, Harley Quinn, while in Arkham State Hospital. Upon release, the pair embark on a doomed romantic misadventure.

Transformers One (PG) Fri 25th to Thursday 31st 2.30 p.m. daily

The untold origin story of Optimus Prime and Megatron, better known as sworn enemies, but once were friends bonded like brothers who changed the fate of Cybertron forever.

Check on line for further details and ring 01598 753397 to make reservations.



The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com



Local Businesses

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

From the 1st of July onwards the farm shop is under new management. See website for latest information and offers.

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. We look forward to seeing you all,

The Besshill Team.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk

Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late
(food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

For any more information, check the website, Facebook page or ring 01271 850055.

Pavilion stores & café

Opening Times
Mon-Sat 8.30am to 5.30pm
Sun 9am to 1pm
Tel: 01598 763569
shopinfo@parracombe.org.uk
Parracombe Lane, Parracombe EX31 4QL



 Find us on Facebook
Search 'Parracombe Stores'

