



2023

Halloween Bingo



East Down Village Hall

Thursday 26th October

Doors open 6.30 p.m. Eyes down 7.00 p.m.

Adults £5.00 a book, children £3.00 a book.

Tables will be arranged flexibly for groups of family and friends

Fancy Dress Optional

Tea, coffee, squash and cake included or for those so inclined, bring your own tipples.

Lovely prizes for a line, 2 lines or a full house.

Raffle (all donations gratefully received)

Booking Essential – Either email us at eastdownnews@yahoo.com or contact Wendy 07947 656735 or philandwendy1@yahoo.co.uk

For those of you out there looking to entertain children or just take some time out at a nice café:



Larkstone Cafe Ilfracombe (adjacent to Swimming Pool)

If you are looking for a good value cafe with excellent views and facilities why not visit the Larkstone cafe in Ilfracombe.

We recently visited it on one of our dog walks at the invitation of Lyn and Andy Norkett and will definitely be returning.

Owners comments.....

"Larkstone Cafe Bar is a comfortable yet fun establishment for all the family (including your furry friends!). On site, we have an impressive climbing frame, built with slide and both rope and rock-climbing walls. We also have swings and a 14ft in ground trampoline! AND just to top it off, we have a go-kart track with 6 pedal go-karts aged 10 months-adult. We have a safe space for dogs to run around in too, should they want to be let off the lead. We serve our delicious range of breakfasts from 10am-12pm, then our yummy mains and desserts from 12pm-8pm. We're licenced and are able to serve alcohol from 12pm-9:30pm."



It is well worth a visit.

August 100 Club Draw

This month's draw winners were Jean and Steve Dunham with the runners up spot being taken by Emma Lerwill.

August was the renewal month for most of us so thank you to all who have paid their subscriptions. There is still the odd renewal outstanding so if you haven't paid yet and would like to stay in, please contact either Rod or Ray to arrange payment and continue to be entered in the draw.

As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 rodcrossman@hotmail.co.uk or Ray Thomas 850464 for more information on joining the draw.

August Coffee Morning



A big thank you to the lovely Lis Kempf and Ann Norton for keeping the kettles going at the August coffee morning. As is often the case in the summer months, attendance was down but a smashing time was had by all.

The next Village Hall coffee morning is planned to take place on **Thursday 7th September starting at 10.30 a.m.** Why not pop along for a chat and bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask is a small donation towards the upkeep of the Village Hall.

The October Coffee Morning will be held on Thursday 5th October.

East Down with Arlington Church

Please note our next service at East Down church is a week later than usual, it's on 24th September at 3.00 p.m., which is our annual Harvest Festival service.

On the 17th September there's a special service in Exeter Cathedral for Bishop Robert who is retiring. This service is by ticket only. If anyone is free to help decorate the church with flowers and produce that will be wonderful. The produce is usually taken to the N. Devon Women's Refuge who are always very grateful. Refreshments will be served after the service.

On the 9th November there's going to be an "Open meeting" in the village hall at 7.30 p.m. I think at the moment but I'll let you know if the time is changed to earlier. This is to discuss the future of your parish church at East Down. Please come if you can to give your thoughts on this. Arlington church is already a "Festival Church" which means it doesn't have regular services during the year. We may have to go down this road or close it all together. Lots to discuss so please come.

Flower and cleaning rota

2nd - 9th September

Mrs P Perrin and Mrs A Perrin

16th - 23rd September

Mrs D Fry

30th - 7th October

Mrs P Parkin and Mrs H Daniels

Thank you for all you do
Take care,

Julie Kift, Church warden

Village Hall Activities

Village Hall Activity Contacts

The Parochial Church Council (PCC) - Julie
Kift 07763 537136

Art Group Margaret Smith 850727

Table Tennis Gill Parker 850549

Young farmers Meg 07947372705

Village Hall September Diary

Coffee Morning	Thursday 7 th	10.30 a.m.
YFC	Thursday 7 th	7.00 p.m.
Soundbath	Monday 11 th	2.00 p.m.
Parish Council	Monday 18 th	7.00 p.m.
P.C.C	Thursday 28 th	7.00 p.m.
Table Tennis	Tuesdays	7.00 p.m.
Art Club	Wednesdays	10.00 a.m.

If you would like to hire the Village Hall,
Please contact Ray Thomas for bookings on 850464.



Mobile Library Service

Very sadly the mobile library service will shortly be finishing however there are still a few visits left. The next one will take place on **Tuesday September 5th**.

The library will be in the Pyne Arms car park between 10.30 a.m. and 10.55a.m.

The latest information we have is that although the decision has been taken to cancel the mobile library service, this still needs to be ratified at a series of reviews, the last one falling on the 12th October. It is therefore assumed that the visit on the 3rd October will proceed as planned.

We will confirm if we hear anything to the contrary.

If you have any queries, please contact Tiverton Library on 01884 244644 or via email: tiverton.mobile@librariesunlimited.org.uk

Arlington Court

Lots of ongoing activities taking place, see website for more details, events, timings and pricing.

Windfall: Meet the Artist

Wed 20th Sep 10.30 to 1.30 p.m.

Drop in to meet local craftsman Bobby Mills, the artist behind the Windfall exhibition. The collection of sculptural vessels celebrates the wood of four windblown trees from across the Arlington estate following storms in 2022.

Heritage Open Days at Arlington Court.

10.00 a.m. to 4.00 p.m.

Join us on Saturday 9 September and Sunday 10 September for free entry to Arlington Court. We will be celebrating the history of Arlington and our heritage.

There is plenty going on over the weekend, with a big book sale going on in our second-hand bookshop, spinning and weaving demonstrations, stands and displays exploring our work here at Arlington and a free photography walk.

Marwood Hill Gardens

- Opening Times

The Gardens are open from 10am – 4.30pm
Wednesday – Sunday.

Please note that the Gardens are closed on Monday and Tuesdays.

Tea Room Opening Times

The Marwood Hill Garden tearooms are open from 10am – 4.30pm, Wednesday – Sunday. Last orders are at 4pm and we stop serving our quick bites from 3pm onwards. Cream Teas and cakes are available till close.

Admission

Adults: £9.50

Concessions: £8.50

Children (ages 12-16) £5.00. Under 12's go for free

Membership: Free

For 2023 annual Season Tickets will be £35.00 single and Joint Membership [2 people living at the same address] for £55.00.

Special events for Season Ticket Holders are planned each year. Find out more on our [membership page](#).

Kentisbury Open Gardens 2023



Why not pop down to Kentisbury on the 2nd September between 12 noon and 5.00 p.m. and take a look at the open gardens. There will be a plant sale as well as refreshments served at South SandPark.

Woody Bay Railway - Autumn Gala 23rd and 24th September



- Regular train service each day, with all engines in steam, including visiting loco.
- 7¼" gauge railway in operation
- 16mm garden railway
- Classic vehicles and displays, Ford Mustangs appearing on Sunday 24th September
- Marquee attractions
- Tea Room, BBQ and Real Ale Bar
- Childrens' games, bouncy castle
- Laurel & Hardy appearing at Woody Bay on Saturday 23rd September
- West Country Tommies - WW1 re-enactors on Saturday and Sunday
- One full size and two miniature traction engines
- Victorian Steampunk Extravaganza, Saturday & Sunday

Clovelly Lobster & Crab Feast – Sun 3rd Sep 10.00 a.m. to 5.00 p.m.



Clovelly celebrates its famous sustainably caught lobsters and crabs. Live folk music, quay kitchens, cookery demonstrations, a magnum of champagne prize draw, delicious lobster and crab dishes.

Porlock Weir Festival - Saturday 9th September 12.00 noon

Location: Porlock Weir

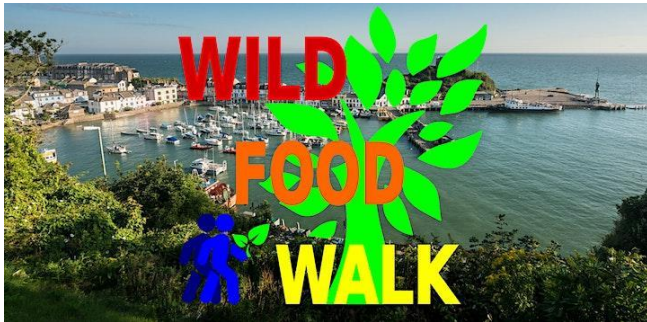
Duration: 4 hours

Description: A wonderful afternoon of music, activities and entertainment at Porlock Weir for all the family, including live theatre by Porlock Pantomime and Drama Society, Sea Shanties by The Barnacle Buoys, archery and kayaking with Exmoor Adventures, wood carvings by Mike Leach, family fun with Wild Wellies, Town Cry, oyster shucking demonstrations by Porlock Bay Oyster Company, RNLI stand, Exmoor Search and Rescue Team, National Coastwatch and talks by Exmoor Natural History Society. Porlock Weir Gig Club will be in attendance, Porlock Weir Sailing Club will be dressing their boats. Food and refreshments available at all outlets in Porlock Weir Minibus transport (charges will apply) will be provided between 11.00 a.m.- 5.00 p.m. from Central Car Park, Porlock (TA24 8PH) as parking is limited at Porlock Weir. Some activities may be affected, on the day, by inclement weather or unfavourable sea conditions. Full details from Porlock Visitor Centre T:01643 863150

W: www.porlock.co.uk This event has been part-funded by Somerset West and Taunton Council Economic Development Fund and Exmoor National Park Partnership Fund.

Ilfracombe

September Ilfracombe (North Devon) Wild Food Foraging/ Foragers walk. Thursday 7th Sept 10.30 a.m. to 12.30 p.m.



Led by local forager and organic vegetable grower Heath Bunting.

Includes a section of South West Coast Path. Will also touch upon bush-craft, cultivation, poisonous plants, food processing and preservation.

- Kids go free.
- Wear seasonal clothing.
- Moderate fitness required.
- Dogs welcome.

Starts outside Ilfracombe Tourist Information Office.

Contact **07935 986 421** if lost or delayed.

Email heathbunting@irational.org for group bookings.



The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at eastdownnews@yahoo.com

We would love to receive any 'Back to school' pictures you are happy to share in next month's newsletter.

The Sea Ilfracombe Maritime Festival - Sat 2nd and Sun 3rd Sept



Following the huge success of previous festivals, 2023 will be the biggest festival ever!

Over the weekend you will find activities for all ages. The main festival site can be found on the Ropery Road Car Park which hosts our two music stages, food stalls, bars, craft market, kid's hands on crafting and bouncy play. There are even more attractions this year at Pip & Jims Community Hall, outside the Harbour Masters Office plus of course lots of events and activities going on at the Harbour Beach, which is ruled by Pirates!

Remember this Festival is FREE!

The Bats of Bossington - Thursday 28th Sep 7.00 p.m.

Location: Bossington village car park

Duration: 2 hours and 30 minutes

Description: Fifteen of the seventeen known species of bat can be found in the Porlock Vale. Learn more about bats from an expert ecologist and take a fascinating evening stroll around Bossington's coastal woodlands, heathland, and beside the Horner Water, watching for emerging bats as they forage in and around the tree canopy. With the aid of sophisticated bat detectors, you will also get the chance to hear them as they hunt for flying insects. Bring a torch.

Beaford Arts Performance - Lee Bay

One for the diary, Beaford Arts are proud to present
"The Company of Wolves" in October.

The new season of events will be announced in full very soon but we wanted to let you know about an extraordinary performance that promises to be an immersive outdoor theatrical delight like you've never experienced before...Burn the Curtain's [The Company of Wolves](#), based on the stories by Angela Carter, is a promenade theatre adventure designed for both runners and walkers. Yes, you read that right...when booking tickets, you must decide whether to be a hunter or a gatherer, fleet of foot to pick up the pace, or to tread carefully along the path.

The performances will take place in and around Lee, North Devon in the days leading up to Halloween. The shows will begin at dusk and continue into darkness lit by Octobers aptly named full moon; the Hunter's Moon!

Tickets go on sale at 10am on Friday 11th August and are expected to go pretty quickly so don't delay in booking.

The Company of Wolves

Here's what you need to know before booking tickets for this event...

Location: Lee, North Devon

Performance dates: Thursday 26 October, Friday 27 October, Saturday 28 October 2023

Start Time: 7pm at Lee Memorial Hall. Arrive between 6.30pm – 6.45pm in order to park and get prepared!

Duration: Between 2hrs and 2hrs 30mins, including 20mins interval

Ticket Prices: Individual ticket £15, Group booking discount (5 or more) £12 per person. Price includes a hot drink provided during interval

Age Suitability: 11+ Parental guidance and supervision required as appropriate

Walkers: Approx. 2-3 miles. Intermediate walking grade - uneven, hilly countryside footpaths

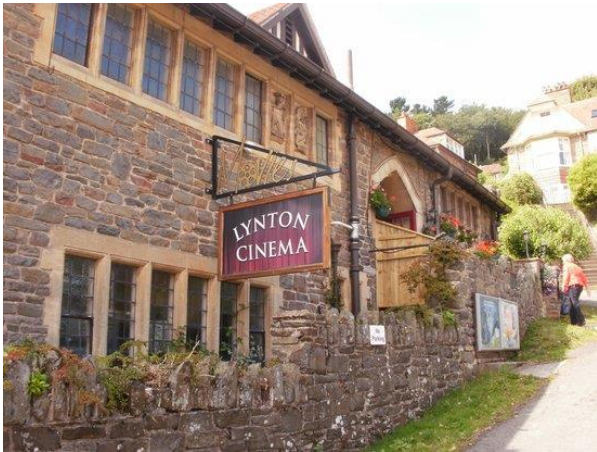
Runners: Approx. 5-6 miles. Trail running, hilly

Additional information: You will be in darkness throughout the performance, head torches and appropriate clothing/footwear will be required. No dogs



Lynton and Lynmouth

Lynton Cinema



**Haunted Mansion (12A) Fri 1st to Sun 3rd to
Thur 31st 2.30 p.m. daily**

Inspired by the classic theme park attraction, "Haunted Mansion" is about a woman and her son who enlist a motley crew of so-called spiritual experts to help rid their home of supernatural squatters.

**Equalizer 3 (15) Fri 1st to Thur 7th 8.00 p.m.
daily (matinee 2.30 p.m. Mon)**

Since giving up his life as a government assassin, Robert McCall (Denzel Washington) has struggled to reconcile the horrific things he's done in the past and finds a strange solace in serving justice on behalf of the oppressed.

**My Big Fat Greek Wedding 3 (12A) Fri 8th to
Thur 14th 8.00 p.m. daily (matinee Mon 2.30
p.m.).**

From writer and director Nia Vardalos, the worldwide phenomenon My Big Fat Greek Wedding is coming back to theatres with a brand-new adventure. Join the Portokalos family as they travel to a family reunion in Greece for a heartwarming and hilarious trip full of love, twists and turns. Opa!

**Bolan's Shoes (15) Fri 15th to Thur 21st 8.00
p.m. daily (matinee Mon 2.30 p.m.).**

A devastating road accident changes a group of young lives for ever. Years later, survivor Penny takes best friend and fellow Marc Bolan fan to visit his shrine in London, where an encounter there resurfaces past trauma.

**A Haunting in Venice (12A) Fri 22nd to Sat 30th
8.00 p.m. daily (matinee 2.30 p.m. Mondays).**

Set in eerie, post-World War II Venice on All Hallows' Eve and is a terrifying mystery featuring the return of the celebrated sleuth, Hercule Poirot. Now retired and living in self-imposed exile in the world's most glamorous city.

**Check on line for further details and
ring 01598 753397 to make reservations.**

Local Businesses

Besshill farm shop

01271 850311. besshillfarmshop.co.uk

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. For latest news, please see our Facebook page and website. We look forward to seeing you all,

The Besshill Team.

Charlie Dixon Counselling & Psychotherapy

Approachable, relaxed counsellor providing reassuring support & solutions to your problems.

Based in Kentisbury, offering flexible appointments, including evenings.

Free introductory appointment.

Please get in touch to discuss how I can help you on:

07870 281356

charliedixoncounselling@hotmail.com

www.charliedixoncounselling.co.uk

Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late
(food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

For any more information, check the website, Facebook page or ring 01271 850055.

Pavilion stores & café

Opening Times

Mon-Sat 8.30am to 5.30pm

Sun 9am to 1pm

Tel: 01598 763569

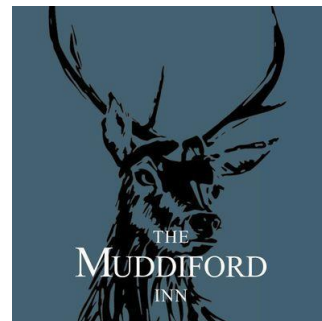
shopinfo@parracombe.org.uk

Parracombe Lane, Parracombe EX31 4QL



Find us on Facebook

Search 'Parracombe Stores'



Open daily 12 noon til late.

Check out the website or Facebook for contact details, opening times and menus.